

NOVEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti w/ meat sauce, WW noodles, peas, applesauce, brownie	3 Seasoned chicken breast, whipped potatoes & gravy, peas, WW bread, cherry cake	4 Cheesy broccoli soup, cold cuts on WW bread, chilled pears, sugar cookie 	5 Cranberry meatballs, whipped potatoes & gravy, California blend veggies, WW dinner roll, pumpkin bar	6 Lemon pepper chicken, brown rice, stir fry veggies, fruit salad, strawberry pretzel bar
9 Lasagna, Capri blend veggies, peaches, apple pie square	10 Ground beef stew, potato casserole, broccoli, WW dinner roll, spiced apples	11 Pork roast, baby bakers, carrots, WW bread, oatmeal cookie 	12 Chicken Caesar salad, veggie bean soup, WW dinner roll, chocolate mousse	13 Chicken tacos, refried beans, corn, grapes
16 Meatloaf, whipped potatoes & gravy, winter blend veggies, rye bread, lemon bar 	17 Scrambled eggs, diced potatoes, string cheese, applesauce, muffin	18 Ham, whipped potatoes & gravy, peas, WW dinner roll, caramel apple crisp	19 Crab cake, potatoes O'Brien, cabbage & carrots, bread pudding	20 Chili, chicken sandwich, pears, chocolate pudding torte
23 Roast turkey, mashed potatoes & gravy, green beans, WW dinner roll, pumpkin pie	24 Brat on WW bun, Caesar potatoes, baked beans, fruit salad	25 Chicken Alfredo over fettuccine, veggie blend, side salad w/ sliced apple	26 27 Meal site closed 	
30 Orange chicken, brown rice, broccoli, pineapple, PB cookie* 				

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.

Menu subject to change.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 a.m. the business day before.**

We are charged for all meals, so please cancel promptly.

Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$12.00. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel:

Monday - Friday: 11:30 a.m.
Kiel Community Center
510 Third Street

Manitowoc:

Monday - Friday: 11:30 a.m.
Manitowoc Senior Center
3330 Custer Street
**You do not need to be a
Senior Center member to
join us for this meal.*

Two Rivers:

Monday - Friday: 11:30 a.m.
Two Rivers Senior Center
1520 17th Street
**You do not need to be a
Senior Center member to
join us for this meal.*

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural
Kiel area
- Monday - Friday

Manitowoc:

- City of Manitowoc
- Monday - Friday

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, Kellnersville, and surrounding areas
- Monday - Friday

Rural:

- Villages of Reedsville, Whitelaw, St. Nazianz, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Menu legend:



November 4: National Candy Day



November 11: National Sundae Day



November 16: National Button Day



November 30: National Mason Jar Day



Your Bridge to Support