

Manitowoc County

Aging & Disability Resource Center Nutrition Project Council

Date: Monday July 13, 2026

Location: ADRC of the Lakeshore – Education Room

Members Present: Emily Siemers, Laura Affelbeck, Kevin Hagerty, Diane Hagerty

Excused : Gary Thomas,

Meeting called to order at 1:00 by Emily Siemers, Nutrition Program Coordinator

Motion made by Kevin Hagerty, seconded by Laura Affelbeck, to accept the meeting minutes from October 13, 2025. Motion carried.

Motion made by Kevin Hagerty, seconded by Laura Affelbeck, to accept the meeting agenda for July 13, 2026. Motion carried.

Evaluation of the program:

- a. The annual State Satisfaction Survey will be given out with the August menu. There are 9 mandated questions from the State regarding items such as food quality, appearance, % the meal compromises of their daily consumption, other food programs used, contacts, and recommendations.
- b. New menu requirements are being updated based on the new Dietary Guidelines. Further information will be available for the October meeting. New menu requirements will take effect in January.

Promotion and Outreach efforts:

- a. POP-up events have been successful thus far. In May, Kewaunee had 130 attendees for a Senior Prom. Next Tuesday an event is taking place at Woodland Dunes Nature Center for 35 participants offering a cold meal. The outreach coordinator will be present. Woodland Dunes will be providing a program, and nature trails are available to hike. Later this summer, program location possibilities include the Maritime Museum Rooftop. The Council members also suggested West of the Lake Gardens, Point Beach State Forest, Silver Creek Park, and Pine Crest Historical Society.

Planning updates:

- a. Awareness of programs and recruitment of Elders to the program.
 - i. There are no updates regarding the ongoing Meal Prioritization.
 - ii. The Hmong meal site goal is moving forward with a contract out for Ann's Noodles. Menus have been approved.
 - iii. Farmer Market Vouchers are available for those eligible and have been in demand. The State made more available after running out after the first 1- ½ weeks. Wilfert Farms are again partnering with the home delivered meal program to provide a monthly seasonal fresh produce package for those who desire it and are eligible.
 - iv. Stepping Up Your Nutrition class will be available in Manitowoc on Oct 27 from 1-3pm.
 - v. Potential new partnership with the Salvation Army to offer additional frozen, shelf stable meals, or hygiene items with HDM participants in the City of Manitowoc.
- b. Events planned for August, September, and October:

- i. A Driver Training program focusing on Falls Prevention will be offered at the UW-Manitowoc Extension on both August 17 and 18. It is not mandatory and they may attend either date.
- ii. Malnutrition Awareness Week is September 14-18. GWAAR will be providing information on the topic of eating disorders. Any other ideas/suggestions can be forwarded to Emily.
- iii. Site Manager training is Tuesday October 13. The state-picked topics are the Dietary Guideline changes and APS (Adult Protective Services) presentation.

Advocacy Updates:

There was no specific input. Overall, comments expressing satisfaction with the meals have been heard. Additional members to be on the Nutrition Project Council are welcome and encouraged.

Meal site and Home Delivered Reports:

Overall numbers are stable. Congregate meals are showing an increase and Home Delivered have shown a decrease.

Other items:

Next meeting: Monday, October 12, 2026, from 1:00-2:00 pm in the ARDC Education Room.

Emily Siemers made a motion to adjourn the meeting at 1343. Seconded by Kevin Hagerty. Motion carried.

Respectfully submitted by Diane Hagerty