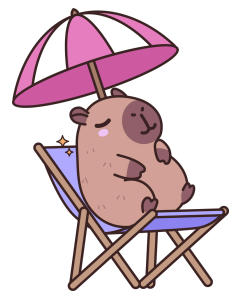


2026

Manitowoc Dine In & Home Delivered Meals

June



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Scrambled eggs w/ ham, string cheese, diced potatoes, pears, muffin	2 Chicken alfredo, wax beans, fresh fruit, cake	3 Ham, whipped sweet potatoes, broccoli, WW dinner roll, seasonal dessert	4 Chicken dumpling soup, ham salad on WW, three bean salad, peaches, polka dot bar	5 Tilapia, cabbage & carrots, potato O'Brien, rye bread, bread pudding 
8 Meatloaf, mashed potatoes, winter blend veggies, WW bread, chocolate pudding torte	9 Orange chicken, brown/white rice, broccoli, pineapple, peanut butter cookie*	10 Brat on WW bun, Caesar potatoes, baked beans, fruit salad	11 Roast turkey, mashed potatoes & gravy, carrots, WW bread, tapioca pudding 	12 Baked ziti w/ beef, country blend veggies, pears, poke cake
15 Pesto chicken, rice pilaf, romaine salad, tomato wedges, black bean brownie	16 Chicken salad on a croissant, tomato tortellini soup, coleslaw, grapes, chocolate chip cookie	17 Beef stroganoff, mashed potatoes, corn, WW dinner roll, fruit, yogurt, and granola parfait 	18 Chef salad, French bread, turkey & bean soup, banana bar	19 BBQ pork sandwich on WW bun, diced sweet potatoes, watermelon, vanilla pudding
22 Pizza casserole, mixed veggies, fresh fruit, lemon bar	23 Eggs, pancake, sausage links, diced sweet potatoes, tropical fruit yogurt	24 Seasoned chicken, mashed potatoes & gravy, peas, WW bread, peanut butter bar*	25 Hamburger on WW bun, German potato salad, cucumbers w/ hummus, apple bar	26 Salisbury steak, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping
29 Chicken rice casserole, wax beans, apricots, Black Forest Cake	30 Chicken Caesar salad, ½ turkey & cheese sandwich, cantaloupe wedges, sugar cookie 	 <p>ADRC Aging and Disability Resource Center of the Lakeshore</p>		

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.

Menu subject to change.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 a.m. the business day before.**

We are charged for all meals, so please cancel promptly.

Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$12.00. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel:

Monday - Friday: 11:30 a.m.
Kiel Community Center
510 Third Street

Manitowoc:

Monday - Friday: 11:30 a.m.
Manitowoc Senior Center
3330 Custer Street
**You do not need to be a Senior Center member to join us for this meal.*

Two Rivers:

Monday - Friday: 11:30 a.m.
Two Rivers Senior Center
1520 17th Street
**You do not need to be a Senior Center member to join us for this meal.*

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural Kiel area
- Monday - Friday

Manitowoc:

- City of Manitowoc
- Monday - Friday

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, Kellnersville, and surrounding areas
- Monday - Friday

Rural:

- Villages of Reedsville, Whitelaw, St. Nazianz, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Menu legend:



June 5: National Donut Day



June 11: National Corn on the Cob Day



June 17: National Eat Your Vegetables Day



June 30: International Asteroid Day



Your Bridge to Support