

Caregiver Circle

Let's walk this journey together

Connect With Us



920-683-4180
1-877-416-7083



adrcofthelakeshore.com



adrc@manitowocountywi.gov



Kewaunee County Office

810 Lincoln Street
Kewaunee, WI 54216

Manitowoc County Office

1701 Michigan Avenue
Manitowoc, WI 54220

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Caregiver Support Programs





About Us

Through support groups and other caregiver gatherings, the ADRC of the Lakeshore strives to **lift up** and **assist** family caregivers in the Kewaunee and Manitowoc County communities.

Support groups are designed to create a comfortable, relaxed environment where everyone's voice and opinions are **heard, respected, and valued**.

They offer a place for caregivers to find support from others who have gone through **similar experiences**.

As a result, participants can provide **encouragement, comfort, and advice** to one another.

Who Can Attend?

- ADRC support groups are free and open to the following individuals:
- Family caregivers of Kewaunee and Manitowoc County residents
 - Family Caregivers of those over 60 years old
 - Family Caregivers of those over 18 with a dementia diagnosis

ADRC Support Groups

Early-Stage Caregiver Support Group

The **Early-Stage Caregiver Support Group** hosts two group simultaneously in separate meeting rooms: one group for individuals affected by dementia and/or memory loss in the early-stage, and one group for the family caregiver of individuals affected by dementia. *An assessment is required for the person with dementia prior to attending the first session. Please contact our Dementia Care Specialist for more information: 1-877-416-7083.*

Manitowoc County Meeting:

- First Tuesday of Each Month
10:00 – 11:30 a.m.
ADRC of the Lakeshore
1701 Michigan Ave., Manitowoc

Family Caregiver Support Group

The **Family Caregiver Support Group** provides the opportunity for caregivers to meet other caregivers, share their experiences, and gain support in providing care for their loved ones.

Manitowoc County Meeting:

- Third Thursday of Each Month
2:00 – 3:30 p.m.
ADRC of the Lakeshore
1701 Michigan Ave., Manitowoc

Men's Caregiver Support Group

The **Men's Caregiver Support Group** offers a space for male caregivers to meet others, share their experiences, and gain support in providing care for their loved ones.

Manitowoc County Meeting:

- Third Wednesday of Each Month
9:00 – 10:30 a.m.
ADRC of the Lakeshore
1701 Michigan Ave., Manitowoc

Kewaunee County Caregiver Support Group

The **Kewaunee County Caregiver Support Group** is an opportunity for all family caregivers to meet other caregivers, share their experiences, and gain support in providing care. Each meeting will also have a separate group for care recipients affected by dementia and/or memory loss in the early stage.

An assessment is required for the person with dementia prior to attending the first session. Please contact our Dementia Care Specialist for more information: 1-877-416-7083.

Kewaunee County Meeting:

- Second Wednesday of Each Month
9:30 – 11:00 a.m.
ADRC of the Lakeshore
810 Lincoln St., Kewaunee