

2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WEWAR Meal Site Closed	2 Salisbury steak, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping
5 Hamburger on WW bun, German potato salad, hummus, cucumbers, apple bar	6 Eggs, pancakes, sausage links, diced sweet potatoes, tropical fruit, yogurt	7 Chicken noodle soup, Italian sandwich, side salad, fresh fruit	8 Baked ziti, country blend veggies, pears, dinner roll, poke cake	9 Seasoned chicken breast, mashed potatoes & gravy, peas, WW bread, peanut butter bar*
Chicken rice casserole, wax beans, apricots, garlic bread, Black Forest cake	13 Sloppy Joe on WW bun, cold potato salad, baked beans, raspberry bar	14 Tater tot casserole, Mandarin oranges, WW bread, fruited mousse	15 Chef salad, turkey bean soup, French bread, banana bar	16 Seafood Alfredo casserole, carrots, WW dinner roll, fruited lemon fluff
19 Beef tips, mashed potatoes & gravy, green beans, WW bread, polka dot bar	20 BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, fresh fruit	21 Meatloaf, whipped sweet potatoes, broccoli, WW bread, orange	Chicken stir fry, white/brown rice, veggie mix, pears, dessert	23 Bacon cheeseburger casserole, mixed veggies, peaches, WW bread, tapioca pudding
26 Spaghetti & meat sauce, WW noodles, peas, applesauce, black bean brownie	27 Meatballs, mashed potatoes & gravy, California blend veggies, WW dinner roll, oatmeal cookie	Pork roast, baby red potatoes, carrots, WW bread, spiced apples	Tomato tortellini soup, cold cuts on WW, Mandarin oranges, chocolate chip bar	30 Lemon pepper chicken, rice, side salad, fruit salad, strawberry pretzel bar

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.



Menu subject to change.

Items in red are highlighted in this month's nutrition education handout.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 a.m. the business day before.**

We are charged for all meals, so please cancel promptly.

Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel:

Monday - Friday: 11:30 a.m. Kiel Community Center 510 Third Street

Manitowoc:

Monday - Friday: 11:30 a.m.

Manitowoc Senior Center

3330 Custer Street

*You do not need to be a

Senior Center member to

join us for this meal.

Two Rivers:

Monday - Friday: 11:30 a.m.
Two Rivers Senior Center
1520 17th Street
*You do not need to be a
Senior Center member to
join us for this meal.

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural Kiel area
- Monday Friday

Manitowoc:

- City of Manitowoc
- Monday Friday

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday Friday

Rural:

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazianz, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Menu legend:



January 5: National Bird Day



January 21: National Squirrel Appreciation Day



January 27: National Chocolate Cake Day



Your Bridge to Support