

### Food Pantries

*Each location's eligibility requirements and hours of service may vary.*

*Please contact the location prior to your first visit.*

Program Name	Contact Information
Grow It Forward	1501 Marshall St., Manitowoc 920-645-9467 www.grow-it-forward.org
Kiel Area Community Food Pantry	410 Fremont St., Kiel 920-894-7074
Mishicot & Two Rivers Ecumenical Pantry	1902 22 <sup>nd</sup> St., Two Rivers 920-793-5364
Peter's Pantry	843 S. 21 <sup>st</sup> St., Manitowoc 920-682-6986 www.peterspantry.org
Salvation Army	402 N. 9 <sup>th</sup> St., Manitowoc 920-684-7117
St. Vincent de Paul Society	911 Chicago St., Manitowoc 920-682-9452 www.svdpm Manitowoc.org

### Monthly Box of Groceries

Program Name	Contact Information	Other Information
<b>Stockbox Hunger Task Force brought to you by:</b>  <b>Grow It Forward</b>  <b>Salvation Army</b>	Apply: Call Hunger Task Force: 414-777-0483 or call IMPACT at 2-1-1  or call Grow It Forward: 920-645-9467  or call Salvation Army: 920-684-7117	Provides nutritious food to low-income seniors, aged 60 years and older. The monthly food package, worth about \$35, is available at no cost to eligible individuals. The foods are intended to be a supplement and do not provide a complete diet. **Stockbox can only be picked up once per month from participating locations.

## Home Delivered Meals/Mail-Order Meals

Program Name	Contact Information	Other Information
<b>ADRC of the Lakeshore</b>	920-683-4180 or 1-877-416-7083	Has specific eligibility requirements
<b>Mom's Meals</b>	1-877-508-6667 www.momsmeals.com	Nine medically tailored menus with a variety of meal options. You choose every meal, every delivery. \$7.99/meal. Some benefits available for those covered under Medicare Advantage Plans and more.
<b>Silver Cuisine by BistroMD</b>	1-844-404-3663 www.silvercuisine.com	Home delivered meals created with the nutritional needs of people 50+ and seniors in mind. Special diets available, no commitments, price per meal varies. AARP members receive 10% off.
<b>Midwest Meals</b>	715-598-7733 www.midwestmeals.com	Fully cooked, heat and eat meals. Build your own meals, new menus released monthly.
<b>Magic Kitchen</b>	1-877-516-2442	Homestyle frozen meals, delivered to your door. Heat and eat, no subscriptions (pay as you go). Prices vary per meal. Can order a la carte or in a meal plan.
<b>Freshly</b>	1-844-373-7459 Via mobile app www.freshly.com	Offers plans from 4-12 meals per week, with meals as low as \$8.99 each. You can pause, cancel, or change your plan at any time. Special diets available.
<b>Factor75</b>	888-573-5727 www.factor75.com	New menu of 40 dietitian-designed, pre-made meal options every week. No prep. No mess. Fresh, never frozen, prepared meals arrive ready to heat and eat in minutes.
<b>Seattle Sutton's Healthy Eating</b>	1-800-442-3438 www.seattlesutton.com	Choose from a variety of plans providing three meals per day designed by a dietitian.
<b>Door Step Meals</b>	1-844-944-0348 www.doorstepmeals.com	Over 30 selections of made-from-scratch meals, flash frozen and vacuum sealed.

<b>Personal Chef To Go</b>	804-395-6881 www.personalcheftogo.com	Fresh meals. Can be refrigerated for up to 10-12 days.
<b>Homestyle Direct</b>	1-866-735-0921 www.homestyledirect.com	One week of frozen meals sent to your door. Medically tailored meals to meet a variety of specific dietary needs.  If you have Medicaid or a Medicare Advantage health plan, talk to your case manager, social worker, or care coordinator.

## Senior In-Person Dining

Program Name	Contact Information	Other Information
<b>ADRC of the Lakeshore</b>	920-683-4180 or 1-877-416-7083	Open to anyone 60 or older, with a suggested contribution.

## Community Meals

Program Name	Contact Information	Other Information
<b>Grow It Forward - Soup Supper (Manitowoc)</b>	920-645-9467 grow-it-forward.org	Grow It Forward families are fed delicious soup, bread, salad, and from time-to-time desserts in a drive-through style at 5:00 p.m. every Monday at the Community Food Center - located at 1501 Marshall Street. Cost: none.
<b>First Presbyterian Church (Manitowoc)</b>	920-682-4688	A coalition of community services providing a weekly meal served at First Presbyterian Church every Wednesday at 5:00 p.m. to anyone in the Manitowoc community. Walk-in/drive-up service, no reservation required. Cost: none. Donations are welcome.

## Grocery Pick Up/Delivery

Program Name	Contact Information	Other Information
Aldi Festival Meijer Pick N Save Walmart	Contact your local store	Can be ordered via website, mobile app, calling local store, or using Instacart.  Instacart Senior Support: 1-844-981-3431, available daily from 8:00 a.m.-11:00 p.m.

## Senior Farmers Market Vouchers

Program Name	Contact Information	Other Information
ADRC of the Lakeshore *Available from June-September	920-683-4180 or 1-877-416-7083	To be eligible to receive Senior FMNP checks, there must be at least one person in the household who is age 60 or older and meets income eligibility requirements. Native Americans may participate at age 55 or older.

## Other

Program Name	Contact Information	Other Information
Kwik Trip Take Home Meals		Homemade meals, ready to reheat and enjoy. Individually packaged with full heating instructions on the label. Every Tuesday, you can save \$2 on all Take Home Meals.
211 Wisconsin	Call 2-1-1 or 1-877-947-2211 Text your zip code to 898211 Live chat or search their website: 211wisconsin.communityos.org	Get information and referrals for thousands of services across Wisconsin. Anyone can call 211 at any time, 24 hours a day, 365 days a year, to talk with someone. Assistance finding help with housing, utilities, food, employment, addiction recovery options, and more is available in over 180 languages.