

Manitowoc County

Aging & Disability Resource Center Nutrition Project Council

Date: July 14, 2025

Location: Two Rivers Senior Center, Koska Room

Members Present: Emily Siemers, Gary Thomas, Kevin Hagerty, Laura Affelbeck, Diane Hagerty

Excused: Virginia Coffman

Meeting called to order at 1300 by Emily Siemers, Nutrition Program Coordinator

Motion made by Diane Hagerty, seconded by Kevin Hagerty, to accept the meeting minutes from January 13, 2025. Motion carried.

Motion made by Emily Siemers, seconded by Kevin Hagerty, to accept the meeting agenda for July 14, 2025. Motion carried.

Public comment – none.

Evaluation of the program:

- a. Temperature regulation of home delivered meals has greatly improved with new heated carriers.
- b. We had a GWAAR audit last year that went well. We have been chosen for an audit again this year. We then will go to a 3-year cycle for future audits. This audit will also include a site visit to Kewaunee County. This is expected to occur next week.

Promotion and Outreach efforts:

- a. Malnutrition Awareness Week is Sept 8-12 this year. Emily will be visiting all congregate meal sites for a fun educational program playing Jeopardy. Marketing and education continue via Facebook, in newsletters, with the menus etc.

Planning updates:

- a. i. Farmer Market Vouchers have gotten a great response this year, especially during the 2 week outreach. 429 vouchers were available. 50 extra vouchers were requested at that time due to the good turnout. 71 vouchers are still available for the rest of the summer. 44 Home Delivered meal Clients have signed up for delivery of a monthly produce basket (an increase from 13 last year). In addition, Sullivan Farms visits the Two Rivers Senior Center on most Tuesday mornings with fresh produce. This has been well received. Sullivan Farms will also be visiting the Manitowoc Senior Center in the future.
- ii. Home Delivered Meal Prioritization is based on the standard form of "Right Meal For You". Participants who have recently been discharged from the hospital, a rehabilitation facility or hospice are automatically considered to be a high priority and will be able to receive meals to meet recovery needs for up to 12 weeks. The physical home assessment is waived until after the 12- week period. If they are still on the program after the 12-week period, the home assessment will then be done. This streamlines the use of personnel time.
- iii. Stepping Up Your Nutrition Class has shown increased participation possibly due to marketing. Manitowoc and Kewaunee have had their biggest classes yet.

- b. Upcoming events for August, September, and October include:
 - i. Malnutrition Week (Sept 8-12)
 - ii. The Kewaunee Resource Fair (Sept 30th from 9-12 pm) at the Fair Grounds in Luxemburg
 - iii. Site Manager training (Oct 23). All sites will remain open.

Advocacy Updates:

- a. Federal Funding has shown no changes currently. A letter has been sent out to reassure participants that Meals on Wheels will continue. 65% of the funding comes from contributions.
- b. Elder input has been positive. Participants are pleased with improved food temperatures and overall food quality.

Meal site and Home Delivered Reports:

- a. Congregate meals served in Manitowoc County for May were 295 and June were 283. The Manitowoc and Two Rivers sites have been stable. The Kiel site has a decrease of about 7.
- b. Home delivered meals served in Manitowoc County for May were 292 and June were 317. The Manitowoc site has slightly increased. The Two Rivers and Kiel sites are stable. The year-to-date average is 307.

Other items:

- a. Driver training will take place in August via an email presentation. If drivers do not have email, an alternative method will be found.
- b. SNAP-ed Foodwise federal funding has been eliminated in the recent One Big Beautiful Bill Act.
- c. An alternative meal site for authentic Hmong meals is still in progress.

Next meeting: Monday, October 13, 2025 from 1-2pm at the Manitowoc Senior Center

Emily Siemers made a motion to adjourn the meeting at 1335. Seconded by Kevin Hagerty. Motion carried.

Respectfully submitted by Diane Hagerty