



OCTOBER

2025 Two Rivers & Mishicot Area Dine In & Home Delivered Meals

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| | | 1  BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, raspberry bar | 2 Beef tips, mashed potatoes & gravy, green beans, WW bread, pumpkin bar | 3 Sweet & sour chicken, white & brown rice, stir fry veggies, pears, mixed berry cobbler |
| 6 Spaghetti & meat sauce, WW noodles, peas, applesauce, black bean brownie | 7 Chicken noodle soup, turkey on WW, Mandarin oranges, polka dot bar | 8 Pork roast, baby red potatoes, carrots, WW bread, spiced apples | 9 Lemon pepper chicken, rice, side salad, winter fruit salad, strawberry pretzel bar | 10 Meatballs, mashed potatoes & gravy, California blend veggies, WW dinner roll, oatmeal cookie |
| 13 Beef soft shell tacos, refried beans, corn, golden salad | 14 Shepherd's pie, Hubbard squash, fresh orange, white bread, M&M bar | 15 Swedish loaf, potato casserole, broccoli, WW dinner roll, chocolate chip cookie | 16 Chicken Caesar salad, hearty beef vegetable soup, dinner roll, chocolate mousse | 17 Lasagna, Capri blend veggies, peaches, French bread, apple pie square |
| 20 Chicken ala king, whipped sweet potatoes, wax beans, WW dinner roll, fresh fruit | 21 Chili, chicken salad on WW, three bean salad, applesauce, cherry cake  | 22 Baked chicken, whipped potatoes & gravy, broccoli, WW bread, fruited Jello | 23 Pineapple glazed ham, cheesy potatoes, Brussels sprouts, rye bread, tropical fruit | 24 Salmon, potatoes O'Brien, cabbage & carrots, WW bread, bread pudding |
| 27 Chicken stir fry, brown & white rice, carrots, pineapple, peanut butter cookie* | 28 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte | 29 Brat on WW bun, Caesar potatoes, baked beans, golden salad | 30 Chicken alfredo, romaine salad, country blend veggies, garlic breadstick, banana  | 31 Happy Halloween!  Tomato tortellini soup, ham salad on rye, cucumber salad, pumpkin mousse |

*Contains nuts.

Please note: our kitchen is
NOT a nut-free facility.



Menu is subject
to change.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 am the business day before.** We are charged for all meals, so please cancel promptly.



Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel:

Monday - Friday: 11:30 am
Kiel Community Center
510 Third Street

Manitowoc:

Monday - Friday: 11:30 am
Manitowoc Senior Center
3330 Custer Street

You do not need to be a Senior Center member to join us for this meal.

Two Rivers:

Monday - Friday: 11:30 am
Two Rivers Senior Center
1520 17th Street

You do not need to be a Senior Center member to join us for this meal.

Menu Legend:



October 1: International Music Day



October 21: National Apple Day



October 30: National Candy Corn Day

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural Kiel area
- Monday - Friday

Manitowoc:

- City of Manitowoc
- Monday - Friday

Rural:

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazians, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday - Friday