



# OCTOBER

2025 Kiel  
Dine In & Home  
Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1  Roast pork, mashed potatoes, broccoli, wheat roll, lemon bar	2 Southern fried chicken, baked potato wedges, baked beans, biscuit, ice cream sundae	3 Herb baked fish, California blend veggies, applesauce, wheat roll, angel food cake w/ fruit topping
6 Swiss steak, seasoned mashed potatoes, seasoned corn, wheat roll, frosted cupcake	7 Scalloped potatoes w/ ham, herbed green beans, wheat roll, sliced peaches	8 Meatballs w/ gravy, buttered parslied noodles, seasoned carrots, pears, ice cream	9 Cornflake chicken, macaroni & cheese, California blend veggies, peaches, fruit crisp	10 Summer herb cod, parsley potatoes, coleslaw, wheat roll, black bean brownie
13 Turkey alfredo, broccoli, garlic dinner roll, strawberry shortcake	14 Braised pork chop, whipped sweet potatoes, corn, wheat roll, gelatin whip	15 Beef stroganoff, peas, peaches, iced sour cream, pound cake	16 Lemon pepper chicken, mashed potatoes, California blend veggies, wheat roll, cream cheese brownie	17 Fish sandwich, three bean salad, tater tots, banana & pineapple dessert
20 Pepper steak, mashed potatoes, corn, wheat roll, graham eclair dessert	21 Roast pork w/ rosemary sauce, sweet potatoes, California blend veggies, wheat roll, cookie 	22 Glazed chicken, mixed vegetables, applesauce, wheat roll, pineapple upside down cake	23 Roast turkey, mashed potatoes w/ gravy, broccoli, wheat roll, chocolate mousse	24 Lemon pepper fish, rice pilaf, side salad, buttered lima beans, ice cream
27 Grilled citrus chicken, seasoned carrots, peaches, rice pilaf, chocolate chip cookie	28 Beef tips in gravy, noodles, mixed veggies, Mandarin oranges, frosted banana cake	29 Roast pork, mashed potatoes, broccoli, wheat roll, lemon bar	30 Southern fried chicken, baked potato wedges, baked beans,  biscuit, ice cream sundae	31 Happy Halloween!  Herb baked fish, California blend veggies, applesauce, wheat roll, angel food cake w/ fruit topping

\*Contains nuts.  
Please note: our kitchen is  
NOT a nut-free facility.



Menu is subject  
to change.

# Senior Nutrition Program - Manitowoc County

***Closed major holidays. Menu may be subject to change.***

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 am the business day before.** We are charged for all meals, so please cancel promptly.



Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

## Dining Locations, Days, and Meal Times

### **Kiel:**

Monday - Friday: 11:30 am  
Kiel Community Center  
510 Third Street

### **Manitowoc:**

Monday - Friday: 11:30 am  
Manitowoc Senior Center  
3330 Custer Street

*You do not need to be a Senior Center member to join us for this meal.*

### **Two Rivers:**

Monday - Friday: 11:30 am  
Two Rivers Senior Center  
1520 17th Street

*You do not need to be a Senior Center member to join us for this meal.*

### ***Menu Legend:***



October 1: International Music Day



October 21: National Apple Day



October 30: National Candy Corn Day

## Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

### **Kiel:**

- City of Kiel/Rural Kiel area
- Monday - Friday

### **Manitowoc:**

- City of Manitowoc
- Monday - Friday

### **Rural:**

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazians, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

### **Two Rivers:**

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday - Friday