



july

2025 Two Rivers & Mishicot Area Dine In & Home Delivered Meals

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 Salmon, potatoes O'Brien, cabbage & carrots, rye bread, bread pudding	2 Pineapple glazed ham, cheesy potatoes, peas, WW bread, tropical fruit	3 Sloppy Joe on WW bun, cold potato salad, baked beans, cantaloupe wedge	4 Meal Site Closed. Happy 4th of July! 
7 Pork stir fry, brown/white rice, lima beans, pineapple tidbits , peanut butter cookie*	8 Baked ziti w/ ground beef, romaine side salad , country blend veggies, garlic breadstick, banana 	9 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte	10 Brat on WW bun, Caesar potatoes, cucumbers w/ artichoke dip, golden salad	11 Chicken rice casserole, corn, pears, WW bread, chocolate chip bar
14 Roast turkey, mashed potatoes & gravy, broccoli, WW dinner roll, pumpkin pie 	15 Tuna noodle casserole, summer squash, grapes, biscuit, lemon bar	16 Hamburger on WW bun, German potato salad, baked beans, apple bar	17 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, mini muffin, yogurt	18 Chicken bacon ranch casserole, country blend veggies, applesauce, dinner roll, poke cake
21 Shepherd's pie, green beans, white bread, peanut butter bar*	22 Chef salad , chicken salad on whole wheat, pears, black bean brownie	23 Baked chicken, mashed potatoes & gravy, peas, WW bread, orange dreamsicle cake	24 Cranberry meatballs, rice pilaf, carrots, marble rye bread, fruited Jello	25 Beef stroganoff over egg noodles, corn, WW dinner roll, fruit & yogurt parfait w/ granola
28 Chicken vegetable pasta, apricots, garlic bread, Black Forest Cake	29 Scalloped potatoes & ham, romaine side salad , banana, WW dinner roll 	30 Beef noodle casserole, rye bread, Mandarin oranges, angel food cake w/ strawberries	31 Lemon pepper chicken, romaine side salad w/ tomato wedges, potato bucks, WW bread, banana bar	Red items are highlighted in this month's nutrition education handout.

*Contains nuts.

Please note: our kitchen is
NOT a nut-free facility.



Milk served daily.

Menu subject to change.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 am the business day before.** We are charged for all meals, so please cancel promptly.



Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel:

Monday - Friday: 11:30 am
Kiel Community Center
510 Third Street

Manitowoc:

Monday - Friday: 11:30 am
Manitowoc Senior Center
3330 Custer Street

You do not need to be a Senior Center member to join us for this meal.

Two Rivers:

Monday - Friday: 11:30 am
Two Rivers Senior Center
1520 17th Street

You do not need to be a Senior Center member to join us for this meal.

Menu Legend:



July 8: Cow Appreciation Day. MOO!



July 14: National Mac and Cheese Day



July 29: National Rain Day

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural Kiel area
- Monday - Friday

Manitowoc:

- City of Manitowoc
- Monday - Friday

Rural:

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazians, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday - Friday