

# 2025 Manitowoc Dine In & Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	1 Salmon, potatoes O'Brien, cabbage & carrots, rye bread, bread pudding	Pineapple glazed ham, cheesy potatoes, peas, WW bread, tropical fruit	3 Sloppy Joe on WW bun, cold potato salad, baked beans, cantaloupe wedge	4 Meal Site Closed. Happy 4th of July!
7 Pork stir fry, brown/white rice, lima beans, pineapple tidbits, peanut butter cookie*	8 Baked ziti w/ ground beef, romaine side salad, country blend veggies, garlic breadstick, banana	9 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte	10 Brat on WW bun, Caesar potatoes, cucumbers w/ artichoke dip, fruit salad	1 1 Chicken rice casserole, corn, pears, WW bread, chocolate chip bar
14 Roast turkey, mashed potatoes & gravy, broccoli, WW dinner roll, pumpkin pie	15 Tuna noodle casserole, summer squash, grapes, biscuit, lemon bar	16 Hamburger on WW bun, German potato salad, baked beans, apple bar	17 Egg bake, diced sweet potatoes, tropical fruit, bread, dessert	1 8 Chicken bacon ranch casserole, country blend veggies, applesauce, dinner roll, poke cake
21 Hot dog on bun, cold potato salad, fruit, peanut butter bar*	22 Chef salad, turkey & bean soup, French bread, banana bar	23 Baked chicken, mashed potatoes & gravy, peas, WW bread, orange dreamsicle cake	2 4 Cranberry meatballs, rice pilaf, carrots, marble rye bread, fruited Jello	25 Beef stroganoff over egg noodles, corn, WW dinner roll, fruit & yogurt parfait w/ granola
2 8 Chicken vegetable pasta, apricots, garlic bread, Black Forest Cake	29 Scalloped potatoes & ham, romaine side salad, banana, WW dinner roll	30 Chicken dumpling soup, chicken salad on WW, Mandarin oranges, angel food cake w/strawberries	31 Lemon pepper chicken, romaine side salad w/ tomato wedges, potato bucks, WW bread, black bean brownie	Red items are highlighted in this month's nutrition education handout.

\*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.



Milk served daily.

Menu subject to change.

## **Senior Nutrition Program - Manitowoc County**

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 **no later than 11:00 am the business day before.** We are charged for all meals, so please cancel promptly.



Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

## **Dining Locations, Days, and Meal Times**

#### **Kiel:**

Monday - Friday: 11:30 am Kiel Community Center 510 Third Street

#### **Manitowoc:**

Monday - Friday: 11:30 am
Manitowoc Senior Center
3330 Custer Street
You do not need to be a Senior Center
member to join us for this meal.

## **Two Rivers:**

Monday - Friday: 11:30 am
Two Rivers Senior Center
1520 17th Street
You do not need to be a Senior Center
member to join us for this meal.

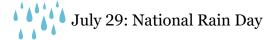
## Menu Legend:



July 8: Cow Appreciation Day. MOO!



July 14: National Mac and Cheese Day



#### **Home Delivered Meals**

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

#### **Kiel:**

- City of Kiel/Rural Kiel area
- Monday Friday

## **Manitowoc:**

- City of Manitowoc
- Monday Friday

## **Rural:**

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazians, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

### **Two Rivers:**

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday Friday