MONDAY		july wednesday	2025 Kewaunee County Dine In & Home Delivered Meals THURSDAY FRIDAY	
	1 Salmon, potatoes O'Brien, cabbage & carrots, rye bread, bread pudding	2 Pineapple glazed ham, cheesy potatoes, peas, WW bread, tropical fruit	3 Sloppy Joe on WW bun, cold potato salad, baked beans, cantaloupe wedge	4 Meal Site Closed. Happy 4th of July!
7 Pork stir fry, brown/white rice, lima beans, pineapple tidbits, peanut butter cookie*	8 Baked ziti w/ ground beef, romaine side salad, country blend veggies, garlic breadstick, banana	potatoes & gravy.	10 Brat on WW bun, Caesar potatoes, cucumbers w/ artichoke dip, golden salad	1 1 Chicken rice casserole, corn, pears, WW bread, chocolate chip bar
14 Roast turkey, mashed potatoes & gravy, broccoli, WW dinner roll, pumpkin pie	1 5 Tuna noodle casserole, summer squash, grapes, biscuit, lemon bar	1 6 Hamburger on WW bun, German potato salad, baked beans, apple bar	17 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, mini muffin, yogurt	1 8 Chicken bacon ranch casserole, country blend veggies, applesauce, dinner roll, poke cake
21 Shepherd's pie, green beans, white bread, peanut butter bar*	22 Chef salad, chicken salad on whole wheat, pears, black bean brownie	23 Baked chicken, mashed potatoes & gravy, peas, WW bread, orange dreamsicle cake	24 Cranberry meatballs, rice pilaf, carrots, marble rye bread, fruited Jello	25 Beef stroganoff over egg noodles, corn, WW dinner roll, fruit & yogurt parfait w/ granola
28 Chicken vegetable pasta, apricots, garlic bread, Black Forest Cake	29 Scalloped potatoes & ham, romaine side salad, banana, WW dinner roll	30 Beef noodle casserole, rye bread, Mandarin oranges, angel food cake w/strawberries	3 1 Lemon pepper chicken, romaine side salad w/ tomato wedges, potato bucks, WW bread, banana bar	Red items are highlighted in this month's nutrition education handout.

\*Contains nuts. Please note: our kitchen is NOT a nut-free facility.

Aging and Disability Resource Center of the Lakeshore

Milk served daily.

Menu subject to change.

# **Senior Nutrition Program - Kewaunee County**

# Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 <u>no</u> <u>later than 11:00 am the business day before.</u> We are charged for all meals, so please cancel promptly.

Aging and Disability Resource Center of the Lakeshore

Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

# Dining Locations, Days, and Meal Times

# Luxemburg:

2nd & 4th Wednesdays only 11:30 am St John Lutheran Church 700 Heritage Street

### Kewaunee\*:

Monday - Friday: 11:15 am Community Congregational Church 502 Center Avenue \*Suggested contribution is \$5.00 due to a grant provided by Charitable Funds

#### Menu Legend:

July 8: Cow Appreciation Day. MOO!



July 29: National Rain Day

# **Home Delivered Meals**

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

### Algoma:

- City of Algoma
- Monday Friday

### Kewaunee:

- City of Kewaunee
- Monday Friday

# **Frozen Rural Route:**

- Covers the rest of Kewaunee County
- Frozen meals for the week are delivered on Mondays