ADRC of the Lakeshore Board Minutes Tuesday, May 27 2025 Manitowoc County Heritage Building---Education room

Bonnie Shimulunas called the meeting to order at 10:00 a.m. Roll call was taken. Those present were: James Hathaway, Bonnie Shimulunas, Linda Teske, Paul Hacker, Sandi Schleis-Ulmen, Paul Ravet, Joanne Lazansky and Shirley Fessler, Tina Prigge (virtual). Also present were: Wendy Hutterer, Adam Miller, Melissa Konop, Lori J Fure from the ADRC of the Lakeshore. Excused: Brenda Georgenson

Pledge of Allegiance

Motion by Joanne Lazansky, second by Paul Hacker to approve the agenda as printed. Motion carried.

Motion by Shirley Fessler, second by Paul Hacker, to approve the minutes from March 25, 2025. Motion carried

Public Comment: None

<u>Correspondence</u>: Reviewed Thank You card from a church in Kiel.

Director Updates – Wendy Hutterer:

Introduced All new and existing Board and ADRC staff at the meeting.

Finance Report:

- DHS Financial training completed last week with Wendy and Adam.
- Possibilities for in kind increase, Adam Miller and Wendy Hutterer exploring options
- Provided GWAAR Monthly Claim form in addition to Ledger: Some board members noted it was easier to read and understand, positive feedback received.

Office Report:

- Business Office Manager position filled by Adam Miller, Kewaunee Meal site Manager position was filled by Monica Wagner and both open ADRC Board positions were filled.
- Marketing Grant dollars were spent on radio air time, marketing materials, and advertisements which have been seen, heard on the radio and TV.

Legislative Report:

- Discussed Aging Advocacy Days May 18 and the legislators that Wendy, Lori and others were able to speak with about ADRC programs.
- Reconciliation Bill is now at the Senate Review Level. No changes or decisions have been made at this point in regards to that Bill

ADRC Updates - Melissa Konop:

Information & Assistance Specialists:

- Busy with referrals and home delivered meal assessments, continues to be steady.
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Disability Benefit Specialists:

- Helping with Medicare A-D presentations.
- Keeping up to date with changes being made to Social Security Admin.

Dementia Care Specialist:

- Boost Your Brain and Memory has been well attended in both counties, planning to continue this program a couple times a year.
- Discussed Dementia Friendly Business Training and how important it is to the Manitowoc and Kewaunee county communities.

Older American's Act Programming Updates – Lori J Fure:

Nutrition

<u>Nutrition Report</u>: In Manitowoc County for March and April, we served a total of 9,896 Home Delivered Meals and 242 Congregate meals. And in Kewaunee County, we served a total of 1,904 Home Delivered Meals and 201 Congregate meals.

<u>Electric Two Compartment Meal Transporter</u>: We have started to use these in Manitowoc County to improve temperatures. They have been working very well, especially for the longer routes, and keep the meals hot.

<u>Cleveland Route Change</u>: Cleveland meals that were normally served every Monday is now switching to every Thursday. The participants on this route get one hot meal and then the rest are frozen meals-depending on their risk levels.

<u>Farmer's Market Vouchers</u>: We are going to start distributing FMV the second week of June. Everyone who qualifies will get 5- \$5.00 vouchers (\$25.00). Some things to remember is that the qualified person needs to be 60 or older, meet the income requirements, and live in the county they are picking up the vouchers in even though they can use them statewide with an approved vendor. The vouchers can be distributed through 09/30/25, while supplies last, and used through 10/31. *I have included the flyer with the Outreach dates for both counites*.

-We are going to be working with Wilfert Farms again this year to get fresh fruits and vegetables to HDM participants using the FMV program. We have close to 50 people who want to take part in this again.

<u>Pet Policy</u>: After a couple of incidents with pets, we are strictly enforcing our Pet Policy. All pets need to be restrained in some form at the time meals are delivered.

<u>Audit</u>: Our GWAAR Nutrition Advisor will be doing our three-year audit in July.

<u>Stepping Up Your Nutrition</u>: Emily is holding this 2-hour workshop in both counties coming up. This class teaches the importance of Hydration and Protein Intake as we age. Consider signing up or encouraging others to sign up. *Everyone has a flyer*.

<u>Ideas to Increase Contributions</u>: More education regarding the importance of the contribution to the success of the program? Opened discussion for possible ways to encourage customers receiving HDM to open their contribution letter

<u>Volunteers Needed</u>: We are currently looking for Kitchen and Driving Volunteers at the Manitowoc Meal Site. Desperate need for Thursday kitchen help.

Health and Wellness Program

We have or are in the process of wrapping up successful Bingocize and Stepping On classes in both counties. Aside from Stepping Up Your Nutrition, the only workshop we have coming up between now and are next meeting is Bingocize in Luxemburg in July. This is during Gentle Plus hiatus. *Flyer included* (Our Family Caregiver Specialists coordinate these programs with our volunteers. They also provide caregivers a variety of help and resources to keep taking care of their loved ones as well as hold Support Groups and Caregiver Socials).

Elder Benefit Program: Our EBS Specialists have been committed to educating clients on scams that have been targeting older adults. One of the popular scams include getting calls from the "IRS" that they are behind on their taxes and that their social security checks will be garnished if they don't pay. Angle and Jessica are encouraging people to not answer the phone from people that they do not know. If it is important, the person will leave a message.

Jessica in Manitowoc has also been working on a lot of potential fraud cases that have been happening with the hospitals. These have even been escalated to the Senior Medicare Patrol for an in-depth investigation. Angle is not seeing this happen so much in Kewaunee County.

Med A-D Presentations: The next Medicare A-D presentation is 07/08/25 in Kewaunee and 07/10/25 in Manitowoc from 3 to 4 p.m.

Community Discussion: These discussions are meant for the community to learn what we are up to at the ADRC and for us to learn what is going on in the community. Flyers provided. *Everyone has a flyer with the date, times, and locations for both counties.*

<u>Transportation Updates – Adam Miller:</u>

Kewaunee County-07/15/25 from 3 to 4 p.m.

Kewaunee:

- 3100 rides so far in 2025. Continuing to train new drivers.

Manitowoc:

- New bus came May 9, old one is going to auction. 8,000 rides given this year so far.
- Discussed revamping Volunteer descriptions so people know what they are exactly volunteering for.

Next Meeting: July 22, 2025 at 10:00 am in Kewaunee. There being no other business, Sandi Schleis-Ulmen made a motion to adjourn, seconded by Joanne Lazansky. Motion carried. The meeting adjourned at 11:23 am.

Respectfully submitted,

Melissa Konop/wh ADRC Program Manager