2025 Manitowoc Dine In & Home Delivered Meals

June



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken vegetable pasta, apricots, garlic bread, Black Forest cake	3 Sloppy Joe on WW bun, cold potato salad, baked beans, fresh fruit	4 Tator tot casserole, wax beans, Mandarin oranges, WW bread, vanilla pudding	5 Chef salad, turkey & bean soup, French bread, banana bar	6 Fish sandwich on WW bun w/tartar sauce, boiled red potatoes, carrots, fruited lemon fluff
9 Beef tips, mashed potatoes & gravy, green beans, WW bread, pumpkin bar	10 Philly style mac & cheese w/ chicken, mixed vegetables, peaches, WW bread, tapioca pudding	1 1 BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, raspberry bar	12 Meatloaf, whipped sweet potatoes, broccoli, WW bread, fresh orange	1 3 Lemon pepper chicken, rice, side salad, pears, lemon bar
16 Spaghetti & meat sauce over WW noodles, peas, applesauce, brownie	1 7 Pork roast, baby red potatoes, carrots, WW bread, spiced apples	18 Chicken noodle soup, turkey on WW bread, Mandarin oranges, choc. chip bar	19 Pork stir fry, rice, fruit salad, strawberry pretzel bar	20 Swedish meatballs, mashed potatoes, California blend vegetables, apricots, WW dinner roll, oatmeal cookie
23 Beef soft shell tacos, refried beans, corn, WW bread, Golden salad	2 4 Salisbury steak, potato casserole, broccoli, WW dinner roll, choc. chip cookie	25 Lasagna, Capri blend vegetables, peaches, French bread, apple pie square	26 Baked chicken, whipped potatoes & gravy, carrots, WW bread, fruited Jello	27 Pesto chicken, whipped sweet potatoes, pears, dinner roll, chocolate mousse
30 Chicken ala king, mashed potatoes, wax beans, WW dinner roll, fresh	Milk is served Red items contain that are highligh nutrition education	nutrients ted in the		DRC DRC

that are highlighted in the nutrition education handout. Happy June Dairy Month!

*Contains nuts. Please note: our kitchen is NOT a nut-free facility.

fruit

Aging and Disability Resource Center of the Lakeshore

Menu subject to change.

Senior Nutrition Program - Manitowoc County

Closed major holidays. Menu may be subject to change.

To order or cancel a meal, please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 <u>no</u> <u>later than 11:00 am the business day before.</u> We are charged for all meals, so please cancel promptly.



Suggested contribution for each meal is \$7.00. Actual cost for the meal is \$11.50. No eligible person will be denied a meal due to an inability to contribute to the Senior Nutrition Program.

Dining Locations, Days, and Meal Times

Kiel: Monday - Friday: 11:30 am Kiel Community Center 510 Third Street

Manitowoc:

Monday - Friday: 11:30 am Manitowoc Senior Center 3330 Custer Street You do not need to be a Senior Center member to join us for this meal.

Two Rivers:

Monday - Friday: 11:30 am Two Rivers Senior Center 1520 17th Street You do not need to be a Senior Center member to join us for this meal.

Menu Legend:

June 3: National Egg Day



June 4: National Cheese Day



June 18: International Picnic Day

Home Delivered Meals

When a meal is undeliverable, we will try to make contact with you or your emergency contact. If neither answer, the police department will be contacted to check on you.

If you would like more information about the Home Delivered Meals program, please call the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083.

Kiel:

- City of Kiel/Rural Kiel area
- Monday Friday

Manitowoc:

- City of Manitowoc
- Monday Friday

Rural:

- Villages of Reedsville, Whitelaw, Kellnersville, St. Nazians, Valders, and surrounding areas
- Monday, Tuesday, Thursday; hot & frozen meals

Two Rivers:

- City of Two Rivers, Mishicot, Maribel, Francis Creek, and surrounding areas
- Monday Friday