# JUNIOR FAIR HEALTH, CITIZENSHIP, AND INTERNATIONAL

**2025** 

Department 34 - Superintendent - Barb LeCaptain - 920-683-3271

- 1. Judging Day (Individual Conference Judging) **Monday, August 18**, as follows: 10am to 2pm, and 2:30pm to 6pm in the Exhibition Building.
- Release Day Sunday, August 24, between 6pm and 7:30pm. Vehicle access begins at 6:30pm. Vehicle access will begin at 6:30pm through the northwest corner of the Main Parking lot (across the street from Meijer). Watch for signs. Line Up begins at 6:25pm. Exhibits released prior to release date and time will not receive premiums.
- 3. Four (4) entries or exhibits per class per exhibitor.
- 4. One (1) entry per exhibitor per lot number.
- 5. Entry tags must be stapled to the lower left hand corner. Identify all "any other" exhibit on entry tag and registration form.
- 6. No changes will be allowed after the registration forms are submitted.
- 7. Exhibits can be in the form of a poster, display, booklet, scrapbook, journal, or model; unless otherwise noted.
- 8. All posters, diagrams, collages, or photo displays must be on a sturdy poster board 14"x22".

### CLASS A - HEALTH

## Premiums for Lot Numbers 100-146 are as Follows:

Blue Ribbon - \$1.75 Red Ribbon - \$1.50 White Ribbon - \$1.25 Pink Ribbon - \$1.00 **Lot Numbers:** 

- 100. Proper hand washing.
- 101. Teeth care.
- 102. Healthy Diet.
- 103. Nutrient values of a fast food meal.
- 104. Fitness.
- 105. Calculating target heart rate.
- 106. Sports Safety.
- 107. Handling Sport's Injuries.
- 108. Physical Activity Plan.
- 109. First Aid Kit with an inventory list.
- 110. How to reduce stress.
- 111. Home Safety Hazards.
- 112. Injury and accident prevention.

- 113. How smoking affects lung capacity.
- 114. Effects of alcohol.
- 115. How media can affect self-image.
- 116. Educational-Health related issues (skin cancer, sexual assault, AIDS/STD, pregnancy, etc.)
- 117. Educational-health related topic (eating disorders, stress management, teen pregnancy, etc.)
- 118. Public service announcement about any health related issue.
- 119. Personal letter written to a legislator about a health related issue.
- 120. Any other health related exhibit, identify.

# CLASS B - SERVICE LEARNING AND CITIZENSHIP

## Lot Numbers:

- 121. Illustrate the history of a flag or seal.
- 122. Explain a town, city, or county government offices and their duties.
- 123. Booklet on city, county, or federal history, minimum 6 pages.
- 124. Collection of at least 5 pictures of historical monuments, markers, and/or buildings in a county, state, or federal and provide a description of their significance.
- 125. Ancestral chart including at least 5 generations.
- 126. Family history booklet, minimum 6 pages.
- 127. My community's assets and needs.
- 128. War Reenactment.

- 129. Demonstrating the community need for my service-learning project.
- 130. My service-learning action plan.
- 131. Documents with captions documenting the progress of my service-learning project.
- 132. Skills learned during my service-learning project and how I will use these skills in the future.
- 133. News release and photo on my service-learning project.
- 134. What citizenship means to me.
- 135. Citizenship Issues.
- Any other service-learning or citizenship exhibit, identify.

### **CLASS C - INTERNATIONAL**

## Lot Numbers:

- 137. Create a game to teach someone a new language.
- 138. World culture, minimum 6 pages.
- 139. World Games.
- 140. Global Interdependence.
- 141. Cultural Awareness.
- 142. Attire from various countries.

- 143. How local geography affects how people live around the world.
- 144. Where your family comes from.
- 145. An international experience you have had.
- 146. Any other international exhibit, identify.