



# ADULT VACCINES FOR RESPIRATORY SEASON

Vaccines don't always prevent illness, but they **lower the chance of developing severe illness, hospitalization and death.**

**Who** should get a vaccine?

**What** vaccine is recommended?

**When** should someone get the vaccine?

**Where** can someone get the vaccine?



Everyone 6 months and older

**Influenza (Flu)**

Every year beginning in September and continuing throughout flu season

Available at Manitowoc County Health Department for eligible adults

Find additional locations at [vaccines.gov](https://www.vaccines.gov)



Everyone 6 months and older

**COVID-19 (updated 2024-2025 vaccine)**

Every year and at least 2 months after last COVID-19 vaccine

Available at Manitowoc County Health Department for eligible adults

Find additional locations at [vaccines.gov](https://www.vaccines.gov)



Adults 75 and older or 60-74 with certain health conditions

**RSV**

Available anytime but recommended in late summer or early fall and not needed every year

Find locations at [vaccines.gov](https://www.vaccines.gov)



Pregnant individuals who have not received RSV vaccine during a prior pregnancy

**RSV**

Between 32-36 weeks of pregnancy during RSV season (Sept-Jan)

The best option is to talk to your doctor