

Manitowoc County Nutrition Project Council  
Manitowoc Meal Site  
Monday, May 8<sup>th</sup>, 2023

Members Present: Laura Apfelbeck, Gary Thomas, Kevin & Diane Hagerty

Meeting called to order by Emily Siemers at 1:10 P.M.

Motion made by Emily Siemers, seconded by Lori Fure to accept the agenda for Monday May 8<sup>th</sup>, 2023.  
Motion carried.

Public Comment – none

Correspondence – Robert Miller, Lori Fure (OAA Manager)

Legislative – Handed out 3 articles: April/May ADRC newsletter, Agenda, Door Step Nutrition handout

Nutrition:

1. Welcome & Introductions
  - a. New members
2. Evaluation of the Program
  - a. Review of the progress for Assessments and Registration of elders
    - i. Updated members the assessments are all caught up. Request for sample assessment for next meeting.
3. Promotion and Outreach Efforts
  - a. Newsletter review - no suggestions at this time.
  - b. Social Media and Website review - no suggestions at this time.
4. Planning Updates
  - a. Nutrition Education review - no suggestions at this time
  - b. Events planned for May, June and July
    - i. WAND conference update
    - ii. Senior Farmers market - offer for UW extension to potential partner with ADRC to conduct tours.
    - iii. Aging advocacy days - option presented to send advocacy flier produced by GWAAR to all Nutrition Program participants.
  - c. Reedsville Route
    - i. Discussed barriers to current operation of the Reedsville/ Whitelaw route including: temperatures, mileage, welfare check concerns
5. Advocacy Updates
  - a. Elder input
    - i. Robert, gave feedback on how he greatly enjoys the meals provided, sometimes he feels the meal is heavy starch based. Thomas shared when completing the test trays the vegetables are often “mushy”. Emily/ Lori will bring this to the respective caterers attention at next meeting.
      1. Reviewed the current Dietary meal requirements. Each menu is approved by the county’s dietitian.

6. Meal Site and Home Delivered Meal Reports
  - a. Congregate Meals served February, March, and April
  - b. Home Delivered Meals served February, March, and April
7. Other Items:
  - a. Site Audit - to be completed by Thomas Gary and returned to Emily Siemers.

ADRC Updates - none

The next meeting will be:

- a. August 14<sup>th</sup>, 2023 - Two Rivers Senior Center

Emily Siemers made a motion to adjourn at 2:15 P.M. and Lori Fure seconded. Motion carried.

Respectfully submitted by:

Emily Siemers, Nutrition Program Coordinator

