How To Eliminate Head Lice and Eggs (Nits)

To get rid of lice infestation, follow this recommended method of treatment: Apply treatment according to manufacturers' directions. Comb hair to remove nits according to the following five steps.

While hair is still wet, comb with your regular comb to remove snarls and tangles. Part hair into four sections.



2 Starting at the top of the head from any one of the four parted sections, lift a one-inch wide tuft of hair up and away from the scalp.

Take the special nit removal comb in your other hand and place the teeth of the comb as close to the scalp as possible. Comb slowly away from the scalp to the end of the hair, being careful to comb the entire length of each one-inch section of hair.



Continue combing and pinning until the entire section is free of nits and lice. Wipe nits from the comb frequently with a tissue.



