



MANITOWOC COUNTY
Aging & Disability Resource Center Nutrition Project Council
MEETING NOTICE

DATE: Wednesday, January 18, 2012

TIME: 9:30 a.m.

PLACE: Manitowoc Senior Center, 3330 Custer Street, Manitowoc, WI

The meeting is open to the public, but portions of the meeting may be closed if this notice indicates that the council may convene in closed session. The following matters may be considered and acted upon at the meeting:

1. Open Meeting Compliance
2. Regular Business (Roll Call, Previous Minutes, etc.)
3. Agenda Approval
4. Public Input
5. Correspondence
 - a. Donation
6. ADRC Updates
 - a. ADRC of the Lakeshore – Focus Groups
7. Legislative
 - a. Nutrition Project Council Bylaws update
 - b. Elections
8. 2011 & 2012 Evaluations
9. Nutrition Report
 - a. Congregate Survey
 - b. NSIP yearly report
 - c. Nutrition News/Scams
10. Next Meeting Date – March 21, 2012
11. Adjournment

Date: January 3, 2012

Darlyene Lau, Chair

By: Alyssa Gaedtke, RD, CD, Nutrition Coordinator

Any person wishing to attend the meeting who requires special accommodation because of a disability should contact the County Clerk's office at 920-683-4003 at least 24 hours before the meeting begins so that appropriate accommodations can be made.

Persons who are members of another governmental body, but who are not members of this commission, may attend this meeting. Their attendance could result in a quorum of another governmental body being present. Such a quorum is unintended and they are not meeting to exercise the authority, duties, or responsibilities of any other governmental body.

MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, January 18, 2012

Meeting called to order by Darlyene Lau at 9:30 A.M.

Members Present: Marian Christel, Linda Frish, Paul Gintner, Rosie Gintner, Arthur Heberlein, Ethel Heberlein, Laverne Jorgensen, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Judy Ruggirello, Agnes Schmidt, Eleanor Shea

Members Excused: Joan Funk, Glenn Kruse, Mitzi Pilon

Motion made by Marian Christel, seconded by Judy Ruggirello to accept the minutes from November 16, 2011. Motion carried.

Motion made by Linda Frish, seconded by Paul Gintner to accept the agenda for January 18, 2012. Motion carried.

Public Input – none

Correspondence – Sargento Foods donated \$1732.87 to the Home Delivered Meal Program through their United Way Campaign.

ADRC Updates –

ADRC of the Lakeshore – Judy Rank explained the new ADRC of the Lakeshore which includes Manitowoc and Kewaunee Counties. All calls come into the Manitowoc office and are transferred to Kewaunee if needed. Right now Judy and Darci Vickman are the Kewaunee office staff. Ann Habeck also works in Kewaunee several days each week. The state of Wisconsin said that all Aging offices needed to become an ADRC by June 30, 2013. Since Kewaunee County was too small to become its own ADRC they joined with Manitowoc County. Currently each county has separate budgets but in the future there may be one budget. There will be a study occurring this year looking at the benefits of combining the two county's services. Focus groups will be formed to look at what services need to stay, what services can be expanded, and what the unmet needs of the two counties are. If anyone is interested in serving in a focus group they should contact Alyssa or the ADRC.

Legislative –

Nutrition Project Council Bylaws Update– Alyssa sent the finalized bylaws to all. Motion made by Alice Matthias, seconded by Ethel Heberlein to accept updated bylaws.

Elections– Chairperson Darlyene Lau and Vice Chairperson Paul Gintner would like to remain in their current role. No election needed.

2011 Evaluations – Alyssa still needs evaluations from Manitowoc Sr. Center (evaluate Reedsville), Mishicot (evaluate Manitowoc Senior Center) and St. Nazianz (evaluate Mishicot). 2012 evaluations are as follows:

-Cleveland will evaluate Manitowoc Senior Center
-Kellnersville will evaluate Valders
-Kiel will evaluate Reedsville
-Manitowoc Senior Center will evaluate Manitou Manor

-Mishicot will evaluate Two Rivers
-Reedsville will evaluate St. Nazianz
-St. Nazianz will evaluate Cleveland
-Two Rivers will evaluate Kiel
-Valders will evaluate Mishicot

Nutrition Report –

Congregate Survey – Alyssa passed out congregate surveys for all to hand out at their sites. It was suggested that the Council representative go through the survey with the meal site participants to generate discussion. These should be returned at the March meeting.

NSIP Report – Alyssa presented the meal program numbers from 2010 and 2011. There have been decreases in almost all areas of the nutrition program with significant decreases to the number of Family Care meals provided. This is happening state-wide.

Scam – Alyssa shared a scam about the No Call list.

Alyssa requested all Council members bring back ideas and suggestions for menu improvement at the March meeting.

Next meeting will be March 21, 2012 at the Manitowoc Senior Center.

Linda Frish made a motion to adjourn, Alice Matthias seconded. Motion carried.

Respectfully submitted by Alyssa Gaedtke, RD, CD, Nutrition Program Coordinator.



MANITOWOC COUNTY
Aging & Disability Resource Center Nutrition Project Council
MEETING NOTICE

DATE: Wednesday, March 21, 2012

TIME: 9:30 a.m.

PLACE: Manitowoc Senior Center, 3330 Custer Street, Manitowoc, WI

The meeting is open to the public, but portions of the meeting may be closed if this notice indicates that the council may convene in closed session. The following matters may be considered and acted upon at the meeting:

1. Open Meeting Compliance
2. Regular Business (Roll Call, Previous Minutes, etc.)
3. Agenda Approval
4. Public Input
5. Correspondence
6. ADRC Updates
 - a. Health Fair
 - b. ADRC of the Lakeshore – Title III Programs
 - c. Family Care/IRIS Cap Update
7. Legislative
8. Evaluations
9. Nutrition
 - a. Nutrition Report
 - b. Congregate Survey
 - c. Senior Banquet
 - d. Farmers Market Vouchers
 - e. Nutrition News/Scams
10. Next Meeting Date – May 9 or 30, 2012
11. Adjournment

Date: March 5, 2012

Darlyene Lau, Chair

By: Alyssa Gaedtke, RD, CD, Nutrition Coordinator

Any person wishing to attend the meeting who requires special accommodation because of a disability should contact the County Clerk's office at 920-683-4003 at least 24 hours before the meeting begins so that appropriate accommodations can be made.

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MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, March 21, 2012

Meeting called to order by Paul Gintner at 9:30 A.M.

Members Present: Marian Christel, Paul Gintner, Rosie Gintner, Arthur Heberlein, Ethel Heberlein, Laverne Jorgensen, Glenn Kruse, Betty Kvitek, Randall Loose, Alice Matthias, Mitzi Pilon, Judy Ruggirello, Agnes Schmidt, Eleanor Shea

Members Excused: Linda Frish, Joan Funk, Darlyene Lau

Motion made by Marian Christel, seconded by Judy Ruggirello to accept the minutes from January 18, 2012. Motion carried.

Motion made by Glenn Kruse, seconded by Judy Ruggirello to accept the agenda for March 21, 2012. Motion carried.

Public Input – none

Correspondence – Marian questioned if the ADRC has received any information from CWAG regarding the spring meeting. Nothing was received but Alyssa will check it out.

ADRC Updates –

Health Fair – A free community Senior Health Fair titled “Age Strong! Live Long! Never Too Old to Play” is scheduled for Wednesday, May 23 from 1:00 pm-4:00 pm at the Manitowoc County Ice Center. There will be speakers, bingo, door prizes, food tasting, the Bellin Hospital model heart, and much more.

Legislative –

ADRC of the Lakeshore – Title III Programs– Manitowoc and Kewaunee Counties are working to merge the Title III programs which includes the Nutrition, Transportation, Caregivers and Elderly Benefit Specialist programs. The committee meets monthly and Alyssa will continue to present the updates to the Council.

Family Care/IRIS Cap Update– Governor Walker signed the bill which lifted the Family Care/IRIS cap. 90 people will be removed from the Manitowoc County wait list and will be enrolled into the Family Care or IRIS programs. Judy Ruggirello serves on the Lakeland Care District board and explained in detail what services are provided and the benefits of these programs.

Evaluations – Alyssa has received all of the 2011 evaluations and will compile the results for the May meeting.

Nutrition –

Nutrition Report – Alyssa distributed a document showing the number of meals served monthly in Manitowoc County. She will continue to add the monthly numbers and present at every meeting.

Congregate Survey – Surveys were collected and recommendations were made for improvement. Alyssa will share with the caterers.

Senior Banquet – The 2012 Senior Banquet will be hosted by the Cleveland Senior Club and is scheduled for Wednesday, May 16 at the Club Bilmar in Manitowoc. Everyone was reminded to purchase their tickets from their Senior Club.

Farmers Market Vouchers – Farmers Market Voucher distribution will begin June 1, 2012. The income guidelines have not been released yet by the state.

Nutrition News/Scams – Alyssa shared up-to-date nutrition information regarding cranberry juice/artery health as well as snow shoveling/heart attack risk from Tufts University.

Because of the Senior Banquet occuring on the next scheduled meeting date (May 16) the next meeting will be held on May 30, 2012 at the Manitowoc Senior Center.

Glenn Kruse made a motion to adjourn, Arthur Heberlein seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RD, CD, Nutrition Program Coordinator.



MANITOWOC COUNTY
Aging & Disability Resource Center Nutrition Project Council
MEETING NOTICE

DATE: Wednesday, May 30, 2012

TIME: 9:30 a.m.

PLACE: Manitowoc Senior Center, 3330 Custer Street, Manitowoc, WI

The meeting is open to the public, but portions of the meeting may be closed if this notice indicates that the council may convene in closed session. The following matters may be considered and acted upon at the meeting:

1. Open Meeting Compliance
2. Regular Business (Roll Call, Previous Minutes, etc.)
3. Agenda Approval
4. Public Input
5. Correspondence
6. ADRC Updates
 - a. Health Fair Recap
 - b. A-D Presentations
 - c. Volunteer Drivers
 - d. ADRC of the Lakeshore – Title III Programs Merger
7. Legislative
8. Nutrition
 - a. Nutrition Report
 - b. Site Evaluation Results
 - c. Survey Results
 - d. Senior Banquet Recap & Next Year's Host
 - e. Farmers Market Vouchers
 - f. Nutrition News/Scams
9. Next Meeting Date – July 18, 2012
10. Adjournment

Date: May 15, 2012

Darlyene Lau, Chair

By: Alyssa Gaedtke, RD, CD, Nutrition Coordinator

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MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, May 30, 2012

Meeting called to order by Darlyene Lau at 9:30 A.M.

Members Present: Marian Christel, Paul Gintner, Rosie Gintner, Laverne Jorgensen, Glenn Kruse, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Mitzi Pilon, Judy Ruggirello, Agnes Schmidt, Joan Schmitt (replacement for Linda Frish), Eleanor Shea

Members Excused: Linda Frish, Arthur Heberlein, Ethel Heberlein

Motion made by Glenn Kruse, seconded by Paul Gintner to accept the minutes from March 21, 2012.
Motion carried.

Motion made by Judy Ruggirello, seconded by Mitzi Pilon to accept the agenda for May 30, 2012.
Motion carried.

Public Input – none

Correspondence – none

ADRC Updates –

Health Fair Recap– The Senior Health Fair titled “Age Strong! Live Long! Never Too Old to Play” took place on Wednesday, May 23 from 1:00 pm-4:00 pm at the Manitowoc County Ice Center. There were speakers, bingo, door prizes, food tasting, the Bellin Hospital model heart, a Lamers Tour Bus, the fire department smoke house, 60 vendors, a clown, balloon artist and much more. Over 300 people attended. Alyssa encouraged everyone to attend next year (only 1 person from the council attended this year). The committee will be looking at resolving parking issues and better advertising to the rural areas next year.

A-D Presentations – Alyssa gave dates for the upcoming presentations as well as the next Caregiver class. If interested contact the ADRC.

Volunteer Drivers – Linda is always looking for more volunteer drivers for the rural transportation program.

Legislative –

ADRC of the Lakeshore – Title III Programs Merger – Alyssa presented information regarding the proposed 2013 merger of the Kewaunee and Manitowoc Title III programs. The council discussed what aging services is currently doing well, where they can improve, what is liked about the proposed merger and what are concerns about the merger. Alyssa will take this information back to the next committee meeting. The committee must gather input from at least 500 community members.

Nutrition –

Nutrition Report – Alyssa distributed a document showing the number of meals served monthly in Manitowoc County. She will continue to add the monthly numbers and present at every meeting.

Site Evaluation Results – Alyssa shared the results from the 2011 site evaluations. No major concerns at any of the meal sites.

Survey Results – Alyssa shared the results and comments collected on the home delivered and congregate recipient surveys. Many positive comments were written. Alyssa had given the home delivered recipient comments to all volunteers as well.

Senior Banquet – The 2012 Senior Banquet was hosted by the Cleveland Senior Club on Wednesday, May 16 at the Club Bilmar in Manitowoc. 105 people attended. Next year's banquet will be hosted by the St. Nazianz Senior Club.

Farmers Market Vouchers – Farmers Market Voucher distribution will begin June 1, 2012.

Nutrition News/Scams – Alyssa shared a scam and recent nutrition studies from Tufts University about berries/brain health and omega 3 fatty acids/lower Alzheimer's risk.

The next meeting will be held Wednesday, July 18 at the Manitowoc Senior Center.

Glenn Kruse made a motion to adjourn, Mitzi Pilon seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RD, CD, Nutrition Program Coordinator.



MANITOWOC COUNTY
Aging & Disability Resource Center Nutrition Project Council
MEETING NOTICE

DATE: Wednesday, July 18, 2012

TIME: 9:30 a.m.

PLACE: Manitowoc Senior Center
3330 Custer Street, Manitowoc, WI 54220

The meeting is open to the public, but portions of the meeting may be closed if this notice indicates that the council may convene in closed session. The following matters may be considered and acted upon at the meeting:

1. Open Meeting Compliance
2. Regular Business (Roll Call, Previous Minutes, etc.)
3. Agenda Approval
4. Public Input
5. Correspondence
 - a. United Way donation
6. ADRC Updates
 - a. ADRC of the Lakeshore – Title III Programs Merger
7. Legislative
 - a. CWAG Update
 - b. Three Year County Board Plan Goals
8. Nutrition
 - a. 'Healthy Eating for Successful Living in Older Adults' Program Lay Leaders
 - b. Farmers Market Vouchers
 - c. Nutrition Report
 - d. Nutrition News/Scams
9. Next Meeting Date – September 19, 2012
10. Adjournment

Date: July 5, 2012

Darlyene Lau, Chair
By: Alyssa Gaedtke, RD, CD, Nutrition Coordinator

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MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, July 18, 2012

Meeting called to order by Darlyene Lau at 9:30 A.M.

Members Present: Marian Christel, Linda Frish, Paul Gintner, Arthur Heberlein, Ethel Heberlein, Laverne Jorgensen, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Judy Ruggirello, Agnes Schmidt, Joan Schmitt, Eleanor Shea

Members Excused: Rosie Gintner, Glenn Kruse, Mitzi Pilon

Motion made by Judy Ruggirello, seconded by Linda Frish to accept the minutes from May 30, 2012.

Motion carried.

Motion made by Linda Frish, seconded by Betty Kvitek to accept the agenda for July 18, 2012.

Motion carried.

Public Input – none

Correspondence –

United Way Donation – The home delivered meal program received a \$52 donation from United Way.

ADRC Updates –

ADRC of the Lakeshore – Title III Programs Merger – Alyssa presented information regarding the proposed 2013 merger of the Kewaunee and Manitowoc Title III programs. It will go before the County Board in August.

Legislative –

CWAG Update – The Nutrition Project Council and the St. Nazianz Senior Club are currently CWAG members. Both groups receive very little correspondence. Alyssa emailed CWAG to make sure the ADRC address was included on the mailing list but has not heard anything back. Alyssa asked for two people who were interested in being contacted when CWAG meetings occur. Marian and Eleanor serve as the representatives from the St. Nazianz Senior Club and will also go on behalf of the Council. Alyssa will check if the ADRC will pay half the registration fee if the Senior Club pays the other half.

Three Year County Board Plan Goals – Judy is looking for ideas and comments from the Council regarding thoughts on the 2013-2015 County Plan. See attached document for comments.

Nutrition –

‘Healthy Eating for Successful Living in Older Adults’ Program Lay Leaders – Alyssa is looking for any interested people who are willing to be trained for a new evidence based prevention program. Training can be done from a computer.

Farmers Market Vouchers – There are 3 vouchers left.

Nutrition Report – Alyssa distributed a document showing the number of meals served monthly in Manitowoc County. She will continue to add the monthly numbers and present at every meeting.

Nutrition News/Scams – Alyssa shared a scam and recent nutrition studies from Tufts University about dark chocolate and cardiovascular disease.

The next meeting will be held Wednesday, September 19, 2012 at the Manitowoc Senior Center. Marian Christel made a motion to adjourn, Ethel Heberlein seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RD, CD, Nutrition Program Coordinator.



MANITOWOC COUNTY
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MEETING NOTICE

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1. Open Meeting Compliance
2. Regular Business (Roll Call, Previous Minutes, etc.)
3. Agenda Approval
4. Public Input
5. Correspondence
6. ADRC Updates
 - a. Powerful Tools Class
 - b. Energy Assistance
 - c. ADRC of the Lakeshore – Title III Programs Merger
 - d. Volunteer Banquet
7. Legislative
8. Nutrition
 - a. Kewaunee Nutrition Project Council Discussion
 - b. Ideas for Advertising Meal Site/Recruiting New Diners
 - c. Nutrition Report
 - d. Nutrition News/Scams
9. Next Meeting Date – November 21, 2012
10. Adjournment

Date: September 5, 2012

Darlyene Lau, Chair

By: Alyssa Weber, RD, CD, Nutrition Coordinator

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MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, September 19, 2012

Meeting called to order by Darlyene Lau at 9:30 A.M.

Members Present: Marian Christel, Linda Frish, Patrick Gagne (substitute for Mitzi Pilon), Paul Gintner, Rosie Gintner, Arthur Heberlein, Ethel Heberlein, Laverne Jorgensen, Glenn Kruse, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Judy Ruggirello, Agnes Schmidt, Eleanor Shea.

Members Excused: Joan Funk, Mitzi Pilon, Joan Schmitt (no longer on Council)

Motion made by Judy Ruggirello, seconded by Marian Christel to accept the minutes from July 18, 2012. Motion carried.

Motion made by Glenn Kruse, seconded by Ethel Heberlein to accept the agenda for September 19, 2012. Motion carried.

Public Input – none

Correspondence – none

ADRC Updates –

Powerful Tools Class – The next class will start Friday, October 5, from 9:30 a.m. to noon at Aurora Medical Center in Two Rivers. This is a six week program for the family caregiver that teaches caregivers how to cope with the added stress that comes from taking on caregiving responsibilities, along with communication skills that can be used to communicate with family and professionals. For more information or to register call Lynn at the ADRC. Adult day services will be available during the class period.

A Living Well class is scheduled to start Tuesday, October 9 from 9:30 a.m. to noon at Manitowoc Health and Rehabilitation Center.

A Stepping On class was scheduled to begin September 12 but was cancelled due to a low number of people who registered.

A Stepping On/Living Well reunion was scheduled for September 18 but was cancelled due to a low number of people who registered. Several people suggested that maybe people felt the class was very beneficial and they obtained enough information from it, therefore they did not feel the need to attend a reunion. Two Council members participated in the classes and felt they were very good.

Energy Assistance – Applications will be taken by appointment at the Manitowoc Senior Center on September 12; the Two Rivers Senior Center on September 17; the Mishicot Vets Club on October 10; and the Kiel Community Center on October 17, 24 and 31. All are encouraged to apply at the Job Center, Meal Sites or Senior Centers. If a home visit is requested it will be scheduled for those with fixed incomes and if Lynn did a home visit in 2011 for the person.

ADRC of the Lakeshore – Title III Programs Merger – Alyssa presented information regarding the 2013 merger of the Kewaunee and Manitowoc Title III programs. Alyssa will be coordinating both the Manitowoc and Kewaunee Meal Programs as of January 1, 2013. Her falls prevention duties will be redistributed within the office. Alyssa hopes to be able to do more nutrition education at the meal sites.

Volunteer Banquet – The banquet is scheduled for Wednesday, October 24 at 2:30 p.m. at Silver Valley Banquet Hall. Entertainment will be provided by the Roncalli Singers.

Legislative – none

Nutrition –

Kewaunee Nutrition Project Council Discussion – Discussion took place regarding combining the Manitowoc and Kewaunee Nutrition Project Council meetings in 2013 or keeping them separate. Currently Manitowoc meets six times each year, Kewaunee meets four. Location of the combined meetings was discussed. If Kewaunee has a smaller number of Council members, maybe the meetings should be in Manitowoc County. Less gas mileage would have to be paid to fewer Kewaunee members than if the Manitowoc members all had to drive to Kewaunee. Alyssa will attend a Kewaunee Nutrition Project Council meeting this year to discuss options.

Ideas for Advertising Meal Site/Recruiting New Diners – Attendance at the congregate meal sites had been declining for several years. The council discussed ways to recruit more diners. Alyssa will print dining site posters for the November meeting for all to distribute. It was suggested to give current diners a coupon for a free meal if they bring a friend.

Nutrition Report – Alyssa distributed a document showing the number of meals served monthly in Manitowoc County. She will continue to add the monthly numbers and present at every meeting. The numbers in August have increased since July.

Nutrition News/Scams – Alyssa shared recent nutrition studies from Tufts University about breads fortified with Vitamin D.

The next meeting will be held Wednesday, November 21, 2012 at the Manitowoc Senior Center. Paul Gintner made a motion to adjourn, Linda Frish seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RD, CD, Nutrition Program Coordinator.



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3. Agenda Approval
4. Public Input
5. Correspondence
6. Legislative – CWAG Update
7. ADRC Updates
 - a. Part D Open Enrollment Reminder
 - b. Transportation Public Hearing
 - c. Dementia Specialist
 - d. ADRC of the Lakeshore – Title III Programs Merger
 - e. Volunteer Banquet
8. Nutrition
 - a. Kewaunee Nutrition Project Council Discussion
 - b. Valders Meal Site Issues
 - c. Senior Club Banquet Discussion
 - d. Meal Site Advertising
 - e. Rename Dining Sites
 - f. Meal Site Report
 - g. Nutrition Report
 - h. Nutrition News/Scams
9. Next Meeting Date – January 16, 2013
10. Adjournment

Date: November 7, 2012

Darlyene Lau, Chair

By: Alyssa Weber, RD, CD, Nutrition Coordinator

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MANITOWOC COUNTY NUTRITION PROJECT COUNCIL
Manitowoc Senior Center, 3330 Custer Street, Manitowoc
Wednesday, November 21, 2012

Meeting called to order by Darlyene Lau at 9:30 A.M.

Members Present: Marian Christel, Linda Frish, Patrick Gagne, Rosie Gintner, Arthur Heberlein, Ethel Heberlein, Laverne Jorgensen, Glenn Kruse, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Judy Ruggirello, Eleanor Shea
Members Excused: Paul Gintner, Agnes Schmidt

Motion made by Ethel Heberlein, seconded by Marian Christel to accept the minutes from September 19, 2012. Motion carried.

Motion made by Marian Christel, seconded by Linda Frish to accept the agenda for November 21, 2012. Motion carried.

Public Input – none

Correspondence – none

Legislative –

CWAG Update – Alyssa received a CWAG meeting registration and agenda the day after the meeting took place. Alyssa called CWAG but did not receive a return call. John Schroeder and his wife are representatives for CWAG and live in Manitowoc. Alyssa will ask him to speak at the January meeting.

ADRC Updates –

Part D Open Enrollment – Ends December 7, 2012

Transportation Public Hearing – If anyone has comments about the transportation program they may attend the meeting or mail comments to Judy Rank.

Dementia Specialist – ADRC will be hiring a Dementia Specialist with a grant they received.

ADRC of the Lakeshore – Title III Programs Merger – Alyssa presented information regarding the 2013 merger of the Kewaunee and Manitowoc Title III programs and its progress. Alyssa will be coordinating both the Manitowoc and Kewaunee Meal Programs as of January 1, 2013.

Volunteer Banquet – The banquet was held Wednesday, October 24 at 2:30 p.m. at Silver Valley Banquet Hall. Entertainment was provided by the Roncalli Singers. Some commented that the service was not as good this year but the entertainment was excellent. Alyssa will look into a different location next year.

Nutrition –

Kewaunee Nutrition Project Council Discussion – Alyssa attended a Kewaunee County Nutrition Project Council meeting and they did not seem interested in meeting as a combined Council. Alyssa may meet with Kewaunee County 3 times/year and Manitowoc County 3 times/year. Will be discussed further in January.

Valders Meal Site Issues – Valders congregate dining participation is very low. Starting in 2013, Valders home delivered meal pick-up will occur at the St. Nazianz meal site. Valders congregate dining will still occur on Senior Club days and during card tournaments.

Senior Club Banquet Discussion – St. Nazianz is hosting in 2013. Tickets prices are increasing and attendance is decreasing. All Senior Clubs are to ask at their next Senior Club meeting if there is still interest in attending if prices keep increasing. All clubs should let Alyssa know by December 21, 2012 and a decision will be made if the banquet will continue based on the response.

Meal Site Advertising – At the January meeting Alyssa will provide posters and handouts for all to distribute to make more people aware of the dining sites.

Rename Dining Sites – Will discuss in January.

Meal Site Report – Starting in January all site representatives will present updates and what is happening at their dining site.

Nutrition Report – Alyssa distributed a document showing the number of meals served monthly in Manitowoc County.

Nutrition News/Scams – Alyssa shared recent scam where a “grandchild” calls a senior and asks for money. Seniors are told to hang up and report to the Police Department.

The next meeting will be held Wednesday, January 16, 2013 at the Manitowoc Senior Center. Glenn Kruse made a motion to adjourn, Betty Kvitek seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RD, CD, Nutrition Program Coordinator.