

# **2021 JUNIOR FAIR HEALTH, CITIZENSHIP, AND INTERNATIONAL**

Department 34 – Superintendent – Tonja Palmer – 920-242-4576

1. Judging Day (Individual Conference Judging) – **Monday, August 23**, as follows: 10am to 2pm, and 2:30pm to 6pm in the Exhibition Building.
2. Release Day – **Sunday, August 29**, between 6pm and 7:30pm. Vehicle access begins at 6:30pm. **Exhibits released prior to release date and time will not receive premiums.**
3. **Four (4) entries or exhibits per class per exhibitor.**
4. **One (1) entry per exhibitor per lot number.**
5. Entry tags must be stapled to the lower left hand corner. Identify all “any other” exhibit on entry tag and registration form.
6. No changes will be allowed after the registration forms are submitted.
7. Exhibits can be in the form of a poster, display, booklet, scrapbook, journal, or model; unless otherwise noted.
8. **All posters, diagrams, collages, or photo displays must be on a sturdy poster board 14”x22”.**

## **CLASS A – HEALTH**

### **Premiums for Lot Numbers 100-146 are as Follows:**

Blue Ribbon - \$1.75                      Red Ribbon - \$1.50                      White Ribbon - \$1.25                      Pink Ribbon - \$1.00

#### **Lot Numbers:**

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|--|---|
| 100. Proper hand washing.                  | 113. How smoking affects lung capacity.   |
| 101. Teeth care.                           | 114. Effects of alcohol.  |
| 102. Healthy Diet.                         | 115. How media can affect self-image.   |
| 103. Nutrient values of a fast food meal.  | 116. Educational-Health related issues (skin cancer, sexual assault, AIDS/STD, pregnancy, etc.)   |
| 104. Fitness.                              | 117. Educational-health related topic (eating disorders, stress management, teen pregnancy, etc.) |
| 105. Calculating target heart rate.        | 118. Public service announcement about any health related issue.                                  |
| 106. Sports Safety.                        | 119. Personal letter written to a legislator about a health related issue.                        |
| 107. Handling Sport’s Injuries.            | 120. Any other health related exhibit, identify.  |
| 108. Physical Activity Plan.               |   |
| 109. First Aid Kit with an inventory list. |   |
| 110. How to reduce stress.                 |   |
| 111. Home Safety Hazards.                  |   |
| 112. Injury and accident prevention.       |   |

## **CLASS B – SERVICE LEARNING AND CITIZENSHIP**

#### **Lot Numbers:**

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|---|---|
| 121. Illustrate the history of a flag or seal.  | 129. Demonstrating the community need for my service-learning project.                                |
| 122. Explain a town, city, or county government offices and their duties.   | 130. My service-learning action plan.   |
| 123. Booklet on city, county, or federal history, minimum 6 pages.  | 131. Documents with captions documenting the progress of my service-learning project.                 |
| 124. Collection of at least 5 pictures of historical monuments, markers, and/or buildings in a county, state, or federal and provide a description of their significance. | 132. Skills learned during my service-learning project and how I will use these skills in the future. |
| 125. Ancestral chart including at least 5 generations.  | 133. News release and photo on my service-learning project.   |
| 126. Family history booklet, minimum 6 pages.   | 134. What citizenship means to me.  |
| 127. My community’s assets and needs.   | 135. Citizenship Issues.  |
| 128. War Reenactment.   | 136. Any other service-learning or citizenship exhibit, identify.                                     |

## **CLASS C - INTERNATIONAL**

#### **Lot Numbers:**

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|---|--|
| 137. Create a game to teach someone a new language. | 143. How local geography affects how people live around the world. |
| 138. World culture, minimum 6 pages.                | 144. Where your family comes from.                                 |
| 139. World Games.                                   | 145. An international experience you have had.                     |
| 140. Global Interdependence.                        | 146. Any other international exhibit, identify.                    |
| 141. Cultural Awareness.                            |  |
| 142. Attire from various countries.                 |  |