

Manitowoc County Nutrition Project Council
Manitou Manor Meal Site – Manitou Manor Apartments
1433 N. 6th St. Manitowoc
Wednesday, April 24, 2019

Members Present: Darlyene Lau, Rosie Gintner, Paul Gintner, Donna Casper, Betty Kvitek

Meeting called to order by Darlyene Lau at 10:30A.M.

Motion made by Donna Casper, seconded by Rosie Gintner to accept the minutes from Nov. 15, 2018. Motion carried.

Motion made by Paul Gintner, seconded by Donna Casper to accept the agenda for April 24, 2019. Motion carried.

Public Comment – Monica Dresang commented on the need for kitchen volunteers at the Reedsville meal site. Fliers have been put up around the community. It has been on the ADRC Facebook page. Encouraging everyone to spread the word. No cooking required.

Correspondence – none

Legislative – Federal government has approved increasing funds to senior meals in 2019. Handed out 2019-2010 State Budget Summary for Aging Advocates.

Nutrition:

- a. Meal Count/Volunteer Hours 2018 –January through December reviewed.
- b. Cancellation of Meals 2018 – reviewed cost associated when participants in congregate meal sites cancel after meal count sent to caterers or are no shows. For home delivered meals it was for undeliverable meals or late cancellations. This is a cost we cannot charge anyone for the meals so it is important for all participants to be respectful in cancelling on time. Twice a year a reminder to goes out to congregate sites and all home delivered meal participants about this subject.
- c. Promoting Meal Sites – new policy. Establishes a formal procedure for site managers to promote meal site events/activities for the Senior Nutrition Program. Photos may be used in the Senior Scene, Facebook, TV in ADRC waiting areas etc...
- d. Volunteer Spotlight – this new program will be introduced at the volunteer appreciation in April. Policy being drafted to establish a formal procedure for identifying and completing a Volunteer Spotlight for the Senior Nutrition Program. Chosen volunteers will be chosen by random draw and can accept or decline being spotlighted.
- e. Combating Loneliness with Congregate Nutrition Programs – handout – article from November 19, 2018.

- f. New cold bags for home delivered meals. Been working with many of the meal sites replacing the coolers with cold bags that are designed to fit the Oliver trays. This should help in maintaining better cold food temperatures on the home delivered routes.
- g. 2019-2020 Election of Officers – unanimous vote for:
 - a. Chairperson – Darlyene Lau
 - b. Vice Chair – Paul Gintner
- h. Dining Site Assessment of the Manitou Manor meal site completed. The participants welcomed the council to lunch and shared that they enjoy the location and food.

ADRC Updates - none

Miscellaneous

- a. Question was asked by Donna Casper why the ADRC doesn't have a newsletter like Calumet Co and Kewaunee Co. - highlighting all the great things going on within the ADRC for seniors and the disabled. Kim Loose will share her concern with Cathy Ley – Director of the ADRC.
- b. Question was asked by Donna Casper why napkins were not included in the home delivered meal bag. Kim Loose explained that all areas of expenses were reviewed and to ensure we can continue to provide meals to our seniors some items like napkins were discontinued. Carefully monitoring our expenses continues to not have to put any seniors on a wait list for home delivered meals.

The next meeting will be:

- a. June 2019 – date to be determined – Mishicot
- b. August 2019 – date to be determined – Manitowoc Hmong
- c. November 13, 2019 – Valders

Donna Casper made a motion to adjourn at 11:30am and Rosie Gintner seconded. Motion carried.

Respectfully submitted by:

Kim Loose, Nutrition Program Coordinator

