

Parents Books List

About Foster Care/Adoption	Synopsis	Copies
A Guide to Foster Parenting-Everything but the Kids! By Mary Ann Goodearle	This book will help foster parents improve the climate at where they live and work	8
A House Between Homes-Youth in the Foster Care System by Joyce Libal	Learn about foster care, the laws that govern the system today, and the history of foster care in North America	1
Success as a Foster Parent-Everything You Need to Know about Foster Care by National Foster Parent Association	Discover what it takes to be a foster parent, learn about the application process, and get real-life tips from other successful foster families	4
What Works in Foster Care? By Peter Pecora, Ronald Kessler, Jason Williams, A. Downs, Diana English, James White & Kirk O'Brien	Learn about a foster care program that promised to revolutionize the way policymakers, administrators, case workers, and researchers think about protecting our most vulnerable youth	1
Telling the Truth to Your Adopted or Foster Child-Making Sense of the Past by Betsy Keefer & Jayne Schooler	Providing help for parents or caregivers wishing to productively communicate with their child	1
When Do I Go Home? Intervention Strategies for Foster Parents and Helping Professionals by Sally Hoyle	This book tells a story about Karli and her brother Jon. The book identifies the challenges that arise when children like Karli and Jon are taken into an unfamiliar system	1
The Lost Boy- A Foster Child's Search for the Love of a Family by Dave Pelzer	This book is the sequel to the book A Child Called "It". This book reveals new adventures through the compelling story of his life as an adolescent	2

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Practical Tools for Foster Parents by Lana Temple-Plotz, Ted Stricklett, Christena Baker & Michael Sterba	New or experienced foster parents as well as grandparents and other relatives caring for a child forced from home by a crisis will find help and hope in this book	1
Walk A Milke In My Shoes by Judith Lee and Danielle Nisivoccia	This book discusses the orgins and strategy of therepeutic foster care or foster family-based treatment and compares it to other strategies, etc	1
Children, Families, and Foster Care by The David and Lucile Packard Foundation	Intended to provide policymakers, service providers, and the media with timely, objective information based on the best available research regarding major issues related to child well-being	1
Rebuilding Children's Lives- A Blueprint for Treatment Foster Parents by Christena Baker, Ray Burke, Ron Herron, Mariam Mott	This book will help train foster parents who care for children who have challenging behavioral problems, are learning disabled, have suffered abuse, or have been diagnosed with psychiatric problems	2
Adopting the Hurt Child by Gegroy Keck and Regina Kupecky	This book reveals the real hope that hurting children can be healed through adoptive and foster parents, social workers, and others who care	1
Adopting the Older Child by Claudia L. Jewett	Sequel to book A Child Called "It", revealing new adventures through the compelling story of his life as an adolescent	1
A Love Like No Other- Stories from Adoptive Parents by Pamela Kruger and Jill Smolowe	Spoken from person experience, the stories offer a vivid and rendered snapchats of the adoptive parenting experience	1
Attaching in Adoption by Deborah Gray	Focused on special needs families who are coming together through foster programs, at later ages, or across cultural lines	1

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Nurturing Adoptions by Deborah Gray	Help professionals to assist parents in healing their children and guiding them into strong, healthy relationships and a productive adulthood	1
The Connected Child by Karyn Purvis, David Cross and Wendy Lyons Sunshine	This book will help build bonds of affection and trust with your adopted child, effectively deal with any learning or behavioral disorders and disciplining your child with love	1
The Middle Mom by Christie Erwin	The author in this book shares the reality of making yourself vulnerable to pain and indescribable delight of giving your heart away to a child	1
Another Place at the Table by Kathy Harrison	The startling and ultimately uplifting narrative of one woman's thirteen-year experience as a foster parent.	1
Three Little Words~ A Memoir by Ashley Rhodes-Courter	An inspiring true story of the tumultuous nine years Ashley Rhodes-Courter spent in the foster care system, and how she triumphed over painful memories and real-life horrors to ultimately find her own voice.	1
The War That Saved My Life by Kimberly Brubaker Bradley	Nine-year-old Ada has never left her one-room apartment. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother Jamie is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him.	1
Welcome to the Roller Coaster Written by D.D. Foster	Real life stories of the ups and downs of foster care	1
The Garbage Bag Kids By Virginia Jeffers	A true store of a foster family, how have followed their "calling" to provide a safe, secure, and loving home to children who, through no fault of their own, have become part of the foster care system.	1

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The Garbage Bag Suitcase: A Memoir By Shenandoah Chefalo	True storey of Shenandoah's dysfunctional journey through a childhood with neglectful, drug-and-alchol addicted parents and her experience in foster care.	1

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About Permanency/Placement	Synopsis	Copies
Using Visitation to Support Permanency by Lois Wright	Presents the best professional child welfare practice in planning and implementing visitation between children in out-of-home care and their parents	1
Expanding the Role of Foster Parents in Achieving Permanency by Susan Dougherty	Focuses on practical ways in which best child welfare practice can be incorporated into the recruitment, training, and support of foster parents	1
A Child's Journey Through Placement by Vera Fahlberg	Providing the foundation, the resources, and the tools which will help professionals, parents, and others who care to support children for whom the journey through placement becomes a part of the road to adulthood	2

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About Child Maltreatment/Violence	Synopsis	Copies
Understanding the Medical Diagnosis of Child Maltreatment by Charmaine Brittain	This practical guide answers frequently asked questions about the medical aspects of child abuse and neglect	2
Why Me? By Sarah Burleton	The author's childhood journey through the terrors of physical and mental abuse from first grade until the day she moved out. It is her way of letting the world know what was really going on behind closed doors.	1
2	For the foster parents and other welfare professionals providing information, training tips, and resources for dealing with foster children who have been sexually abused	2
The Me Nobody Knows by Barbara Bean and Shari Bennett	For teenagers in therapy that have been victims of sexual abuse, as well as for their therapists	1
The Healing Power of Play- Working with Abused Children by Eliana Gil	This book describes how therapists can both facilitate constructive play therapy and intervene in posttraumatic play to help children who have been traumatized by abuse or neglect	1
Treatment Strategies for Abused Adolescents by Cheryl Karp, Traci Butler, and Sage Bergstrom	This book provides a practical and accessible package of theory and hands-on activities, specifically designed for use by practitioners in either individual or group settings	1
Death from Child Abuse and No One Heard by Eve Krupinski and Dana Weikel	A true story of child abuse and a comprehensive guide on what you can do to stop it	1
Out of the Shadows by Youth Communication	Help teens feel less alone and more hopeful about overcoming the trauma of sexual abuse	6

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The Hider's Story by Jacqueline Gordon	Based on the author's experiences as a young girl, whos pedophilic father sexually abused her repeatedly for years and then terrorized her to ensure her silence about the assaults	1
Ghosts from the Nursery: Tracing the Roots of Violence by Robin Karr-Morse & Meredith S. Wiley	A look at new evidence that violent behavior is fundamentally linked to abuse and neglect in the first two years of life.	1

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About Children with Different Disorder/Behavioral Challenges	Synopsis	Copies
The Difficult Child by Stanley Turecki and Leslie Tonner	This book include the latest information on ADHD, medications, and a reassuring approach to all aspects of childhood behavioral disorders	1
What Your Explosive Child Is Trying to Tell You by Douglas Riley	Dr. Riley identifies the eleven most common causes of explosions and accordingly tailors his treatment strategies to address the underlying cause of the behavior	1
The Challenging Child by Stanley Greenspan	This book will help show parents how to match their parenting to the challenges of their particular child. The book describes five universal temperaments and shows parents how each of these children actually experiences the world and how to use daily childrearing to enhance an individual child's strengths and talents	1
Raising A Sensory Smart Child by Lindsey Biel and Nancy Peske	Learn how the senses actually work and integrate with each other, how and where to get professional help, "sensory diet" activities to meet the child's needs, etc	1
The Out-of-Sync Child by Carol Stock Kranowitz	This book features information from recent research on vision and hearing deficits, motor skill problems, nutrition and picky eaters, ADHA, autism, and other related disorders	1
Unraveling the Mystery of Autism and Pervasive Developmental Disorder by Karyn Seroussi	An essential guide for parents with autistic children who hope to better understand and intervene with the disorder	1
Don't Touch My Heart- Healing The Pain Of An Unattached Child by Lynda Gianforte Mansfield	This book is about Jon who goes through a cycle of abandonment, relocation from foster home to foster home, adoption by a well-meaning family that finds itself repeatedly hurt, confused, and angered. This book is ideal for parents of children with attachment disorder, therapists, doctors, teachers, and social workers	1

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When Love Is Not Enough-A Guide to Parenting Children with RAD-Reactive Attachment Disorder by Nancy Thomas	This book will provide hope and healing tools to parents and professionals working to help challenging children. Interventions, a full step by step plan, etc	3
Parenting Other People's Children- Understanding and Repairing Reactive Attachment Disorder by John Stoller	A comprehensive guide to the problems of the individuals coping with intractable children who do not understand their feelings and have no legacy of love to draw upon	1
Kids Who Outwit Adults by John Seita and Larry Brendtro	Learn about the "private logic" behind kids' violent and defiant acts and strength-based interventions that has benefited thousands of youths in trouble	1
Psychological Issues for Children and Adolescents in Disasters by Anthony Speier	This manual provides information and guidance for individuals concerned with the mental health needs of children who experienced major disasters	1
Parenting A Defiant Child by Phillips Hall and Nancy Hall	This book lets readers know that the problem is not their fault, and that by using the right strategies, in time, the problem can be successfully resolved	1
Thom Hartmann's Complete Guide to ADHD by Thom Hartmann	Learn how and why America's school system fails to assist children diagnosed with ADHD and urges parents to find alternative means of educating their children	1
The Out-of-Sync Child Has Fun by Carol Stock Kranowitz	Presents more than one hundred playful activities specially designed for kids with SPD to help develop and organize a child's brain and body	1
Parenting Without Punishment: Making Problem Behavior Work for You By John W. Maag, PhD	Discusses how to shape a child's behavior without punishment, why punishment can actually increase bad behavior, how parents can use bad behavior to their advantage, how to manage resistand and oppositional children	1

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Strategies/How To's/Parenting Guide	Synopsis	Copies
Effective Strategies to Care for Children- Attachment Focused Parenting by Daniel Hughes	This book presents the techniques and practices that are fundamental to optimal child development and family functioning—how to set limits, provide guidance, and manage the responsibilities and difficulties of daily life, while at the same time communicating safety, fun, joy, and love	1
Special-Needs Kids Eat Right- Stratgies to Help Kids on the Autism Spectrum Focus, Learn, and Thrive by Judy Converse	Offering new advice and guidance on how to use food as an essential tool for development	1
How To Handle A Hard-To-Handle Kid by C. Drew Edwards	Explains why some children are especially aggressive and disruptive because understanding is key to helping them become responsible, competent, and content	1
Practical Advice for Parents by Children's Hospital and Health System	This book provides information about a child's growth and development, nutritional needs, health care needs, and the importance of protecting children from injury	1
Parenting Teenagers by Don Dinkmeyer, Gary McKay & Joyce McKay	This guide is filled with easy-to-understand-and-apply skills that helps parents connect with teens and deal with their "issues"	1
The Parent's Handbook by Don Dinkmeyer and Gary McKay	In this handbook, you will learn that parents are turning to STEP-Systematic Training for Effective Parenting. Offering parents a realistic and practical approach to meeting the challenges of raising children today	1
Wellness Recovery Action Plan Peer Support by Mary Ellen Copeland and Shery Mead	This book is an in-depth guide for peers and care providers who are working on setting up or sustaining mental health recovery and WRAP programs	1

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<p>The Peaceful Solution Character Education Program: Do Not Steal by Teacher's Program</p>	<p>This book provides support material that can be used to teach, review, and reinforce moral values</p>	<p>1</p>
<p>Young Families At Home by Mary Nelson, Ann Walker Smalley, Sue Letourneau, & Victoria Hosch</p>	<p>The guide assists home visitors in working effectively and respectfully with parents from pregnancy through the first few years of their child's life</p>	<p>1</p>
<p>Ready, Set, R.E.L.A.X. by Jeffrey Allen and Roger Klein</p>	<p>Helps preschool to intermediate students see through stress and anxiety in their lives and focus on important concepts of self understanding and long term personal growth</p>	<p>1</p>
<p>All Kids Are Our Kids by Peter Benson</p>	<p>Get introduced to 40 developmental assets for building blocks of healthy development</p>	<p>1</p>
<p>Out of the Margins by Rob Woronoff, Rudy Estrada & Susan Sommer</p>	<p>A book full of reports on regional listening forums highlighting the experiences of lesbian, gay, bisexual, transgender, and questioning youth in care</p>	<p>2</p>
<p>Too High A Price by Leslie Cooper and Paul Cates</p>	<p>Providing stories of how children are harmed by restrictions on gay parenting. It outlines the child welfare crisis we are facing and explains why laws that ban gay people from adopting and fostering don't protect children but make it harder to find homes for the many children in need</p>	<p>1</p>
<p>Helping Children Cope with Separation and Loss by Claudia Jewett Jarratt</p>	<p>Step-by-step guidance for any concerned adult who want to help a chld talk about, cope with, and recover from a loss</p>	<p>1</p>

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Parenting Your Out-Of-Control Teenager by Scott Sells	Learn the real reasons for teen misbehavior, make a contract to top that behavior, troubleshoot future problems, and mobilize outside help	1
Beyond Discipline by Alfie Kohn	The author contrasts the idea of discipline, in which things are done to students to control how they act, with an approach in which we work with students to create caring communities where decisions are made together	1
Infants & Young Children by Mary Beth Bruder	The authors discuss the need for early intervention and early childhood special education	1
Bridges out of Poverty by Ruby Payne, Philip DeVol & Terie Smith	A powerful tool for social, health, and legal services professionals. You'll find case studies, detailed analysis, helpful charts and exercises, and specific solutinos to redesign programs, build skill sets for management, upgrade training for staff, etc.	2
The Way We Really Are by Stephanie Coontz	The book provides a meticulously researched, balanced account showing why a historically informed perspective on family life can be as much help to people in sorting through family issues as going into therapy	1
Safe Passage by Richard Delaney	This book will provide support, advice and sounding board for new families by pairing veteran foster/adoptive parents with novide foster/adoptive parents	1
Net Cetera by OnGuard Online	Chatting with kids about being online	2
What To Do When Your Child Gets Sick	Learn about what to look for when your child is sick, when to call the doctor, how to take your child's temperature, what to do when your child has the flu, etc.	1
Live-Away Dads by William Klatte	The author talks about divorce and separated fathers and dads who have never lived with their children how they can cope with the courts, handle their own strong emotions, deal with the child's mother, build a close relationship with the kids, and stay meaningfully involved with them for life	1

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<p style="text-align: center;">Don't Stop Loving Me by Ann Caron</p>	<p style="text-align: center;">This book discuss what is happening to girls' bodies and minds in the maturing period and then raise issues that affect mothers and daughters daily: trust, dependency, sex, peers, friends, competition, alcohol and drugs, discipline, and much more</p>	1
<p style="text-align: center;">Mothers and Others by Sarah Blaffer Hrdy</p>	<p style="text-align: center;">If the young were to survive in a world of scarce food, they needed to be cared for, not only by their mothers but also by siblings, aunts, fathers, friend and grandmothers. Out of this complicated and contingent form of childrearing, the author argues, came the human capacity for understanding others.</p>	1
<p style="text-align: center;">Altered Loves by Terri Apter</p>	<p style="text-align: center;">Learn about myths and theories about mother-daughter relationships and offers new and valuable insights that will help mothers remember and daughters understand the delicate, painful, and complex process of becoming a woman</p>	1
<p style="text-align: center;">Parenting from the Inside Out by Daniel Siegel and Mary Hartzell</p>	<p style="text-align: center;">The authors explore the extent to which our childhood experiences shape the way that we parent, drawing on new findings in neurobiology and attachment research, they explain how interpersonal relationships directly affect the delopment of the brain, and offer parents step-by-step approach to forming a deeper understanding of their own life sotires that will help them raise compassionate and resilient children</p>	1
<p style="text-align: center;">Ask Supernanny: What Every Parent Wants to Know By Jo Frost</p>	<p style="text-align: center;">Jo Frost shows parents how to use her tried-and-true methods for brining order and peace into even the most chaotic homes.</p>	1
<p style="text-align: center;">The Secret of Parenting: How to be in Chare of Today's Kids-from Toddlers to Preteens-Without Threats or Punishment By Anthony E. Wolf, PH.D</p>	<p style="text-align: center;">Anthony Wolf's discusses specific solutions for the most difficult day-to-day problem areas in parenting: tantrums, back talk, getting kids to bed at night, getting them off to school in the morning, sibling fighting, and much more.</p>	1

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1-2-3 MAGIC: Effective Discipline for Children 2-12 Thomas W. Phelan, Ph.D	by	1-2-3 Magic addresses the difficult task of child discipline with humor, keen insight, and proven experience. This program provides easy-to-follow steps for disciplining children aged 2-12 without yelling, arguing, or spanking.	1
Love and Logic Books			
Helping parents and Educators Raise Responsible Kids since 1977 by Love and Logic Institute		Order books, audios, dvds, etc. to learn about how to raise responsible kids, create calmer higher achieving classrooms, and put the fun back into parenting and teaching	8
Becoming a Love and Logic Parent by Jim Fay, Foster Cline & Charles Fay		A parenting handbook that includes 7 modules about raising responsible and respectful kids	1
Early Childhood by Jim Fay and Charles Fay		This book is the tool parents of little ones can use to help with potty training, temper tantrums, bedtime, whining, timeout, and hassle free mornings.	1
When Kids Leave You Speechless by Jim Fay and Charles Fay		Twenty-three chapters include parent-child dialogues and plenty of information about how to handle the most frustrating things kids say	1
Parenting with Love and Logic by Foster Cline and Jim Fay		This parenting book shows you how to raise self-confident, motivated children who are ready for the real world. Learn how to parent effectively while teaching your children responsibility and growing their character	2

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<p>From Bad Grades to a Great Life by Dr. Charles Fay</p>	<p>You'll learn why character and personal responsibility form the foundation of lasting academic and occupational achievement. In the process you'll also learn practical skills for: Avoiding un-winnable power-struggles over homework and grades. Helping children discover and capitalize upon their natural strengths. Teaching politeness, respect and personal responsibility. Showing children that the key to happiness involves determination and hard work</p>	<p>1</p>
<p>Parenting Teens with Love & Logic by Foster Cline and Jim Fay</p>	<p>This book will empower parents with the skills necessary to set limits, teach important skills, and encourage decision-making in their teenagers</p>	<p>1</p>
<p>Parenting Kids To Become the People Employers Really Want and America Desperately Needs! By Charles Fay</p>	<p>This book provides fun and practical strategies for teaching children of all ages the specific skills employers look for in employees, how to be more creative and resourceful than their co-workers, etc.</p>	<p>1</p>
<p>Parenting Children with Health Issues and Special Needs by Foster Cline and Lisa Greene</p>	<p>Discover how to engage and communicate with children of all ages using these proven, practical techniques. Any parent, medical professional or teacher can immediately apply these universal tools when working with a wide range of conditions such as: ADD/ ADHD, Developmental Delays, Allergies, Diabetes, Asperger's & Autism, Disabilities, Behavior Problems, Health Issues, and Cystic Fibrosis</p>	<p>1</p>
<p>Meeting the Challenges by Jim Fay, Foster Cline, Bob Sornson</p>	<p>This book is dedicated to the belief that challenging kids can grow up to be wonderful adults. It will help put enjoyment back into teaching and make parenting challenging kids a breeze. You will learn techniques that will help you raise joyful, productive, and responsible children.</p>	<p>2</p>
<p>Tickets to Success by Jim Fay</p>	<p>Jim helps you use the basic Love and Logic principles to recharge your family life, and he takes you on a light-hearted trip toward a crucial destination--responsible kids who own and solve their own problems</p>	<p>1</p>

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Love and Logicisms Wise Words About Kids by Jim Fay and Charles Fay	This book helps you raise kids with good decision-making skills. Helps you develop responsibility in kids	1
Love and Logic CD/DVDs		
Oh Great! What Do I Do Now? By Charles Fay	100 minute audio to learn parenting remedies for when kids cook-up the unexpected- guaranteed to lower stress level and make life fun again	2
Trouble-free Teens by Jim Fay and Foster Cline	Smart suggestions for parenting a pre-teen	1
Keeping Cool When Parenting Heats Up by Charles Fay and Leah Wells	Tips for staying calm and collected- how empathy can help keep you calm even when chaos is eruptingn and your kids have found all the right buttons to push	1
Helicopters, Drill Sergents and Consultants by Jim Fay	Learn about parenting styles and the messages they send. The author helps you identify your style, then shares practical stress-free techniques for becoming a consultant parents	1
Hormones & Wheels by Jim Fay	A parent's road to-to-adulthood tool kit for successfully handling teen-age behavior, emphasizing the need for parents to be reasonable and to consistently employ non-threatening communication when dealing with their teenager	1
The Life Saver Kit by Jim Fay and Foster Cline	Get six audio's in one kit to learn about how to identify your parenting style, how to distribute chores to your child, and skills on how to raise a child to become responsible and independent	1

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When Kids Drain Your Energy by Jim Fay	Learn stories and examples on parenting techniques they can use in the heat of the battle without breaking a sweat	1
Developing Character in Teens by Jim Fay	In this audio, the author address stress relief for parents, teens doing chore and preparing meals, parties and rebellion, basic human needs and their effects on teens	1
Toddlers and Pre-Schoolers by Jim Fay and Foster Cline	Learn how to relieve yourself from your anxiety and frustration from the "terrible twos" and "precocious pre-schoolers" with the advice from the authors	1
Who Says Parenting Can't Be Fun? By Love and Logic Inc.	Collected stores from different authors to learn new parenting skills or how to reinforce the Love and Logic techniques	1