## **Bereavement Support Groups/Manitowoc**

Talking with others who have walked in your shoes can be a source of strength and understanding.

Aurora At Home **Manitowoc** 

Grief Support Group
(920) 838-1886
Offered at Aurora Medical Center
5000 Memorial Dr. Two Rivers
3<sup>rd</sup> Floor Meditation Room
2<sup>nd</sup> and 4<sup>th</sup> Monday or Tuesday
for 3 months at a time.
Please call for more information

\* Grieve Not Alone Support Programs
\*Not Currently Meeting Due To COVID

Walk In Sessions
Non-denominational (Open to anyone)
Currently scheduled on the
first Monday of each month

At: Manitowoc Public Library Time: 6:00 to 7:30 PM Contact: Judy Janowski at 920-682-3589

## GriefShare

At: Hope Community Church
Manitowoc
13 Week Series
Begins several times per year
Wednesday Evenings
Time: 6:00 to 8:00 PM
Contact: 920-973-4152

michellebonde@gmail.com Non-Denominational (Open to anyone) \* Circle of Faith Catholic Community Brown, Manitowoc, & Kewaunee Counties

Non-denominational support tbekkers@centurytel.net Tom Bekkers 920-660-8066

## **GriefShare Group – 13 Weeks**

At: St. John Evangelical Church Begins September 4, 2019 Time: 6:00 PM 14311 Maribel Rd. Maribel

Contact: Nicole Fictum 920-973-0828 www.griefshare.org

Non-Denominational (Open to anyone)

Updated 9/21/21 AY

Stepping Stones ~ Your Grief, your Journey
HFM Harbor Town Campus-Cooperstown Room
1650 S. 41<sup>st</sup> St., Manitowoc County
Time: 5:30 PM on the 3<sup>rd</sup> Tuesday each month
Registration is not required
For information call HFM Hospice at 920-320-4235
Hfmhealth.org/steppingstones

All groups are non-denominational and open to the public. Facilitators are trained and committed to helping all people of all walks of life through the difficult journey of grief. The support we can give each other when going through loss of a loved one is powerful and healing. It is important to address your grief - don't wait! Help is just around the corner. We know it hurts and we want to help.